



Holistic Pet Care: Cat Care Guidelines



KITTEN (Younger than 1 Year Old)

Physical examinations at 8 weeks, 16 weeks, and 6 months old
VOM Chiropractic adjustments at 8 weeks, then 1 week later, 2 weeks, 3 weeks, 4 weeks, 3 months later, then every 6 months for the rest of their life.

Feline viral disease blood panel at 8 weeks old

Fecal test for intestinal parasites at 8 weeks and 6 months old

Urine test at 6 months old

Distemper vaccines at 8 weeks and 16 weeks old

Rabies vaccine at 6 months old



YOUNG-ADULT (1-4 Years Old)

Physical examination annually

VOM Chiropractic adjustment every 6 months

Fecal test for intestinal parasites annually

Urine test annually

Distemper and Rabies vaccinal titer blood test every 3 years

Comprehensive Blood Panel (CBC + Superchemistry + T4 + Free T4) at 4 years old.



MIDDLE-AGE (5-9 Years Old)

Physical examination every 6 months

VOM Chiropractic adjustment every 6 months

Fecal test for intestinal parasites annually

Urine test annually

Distemper and Rabies vaccinal titer blood test every 3 years

Comprehensive Blood Panel (CBC + Superchemistry + T4 + Free T4) every 2 years

"Senior Testing Package:" Whole Body Radiographs (X-rays), Tonometry (Eye pressure),
ECG/EKG (Electro Cardiogram), Blood Pressure every 2 years



SENIOR YEARS (10+ Years Old)

Physical examination every 6 months

VOM Chiropractic adjustments every 6 months

Fecal test for intestinal parasites annually

Urine test every 6 months

Distemper and Rabies vaccinal titer blood test every 3 years

Comprehensive Blood Panel (CBC + Superchemistry + T4 + Free T4) annually

"Senior Testing Package:" Whole Body Radiographs (X-rays), Tonometry (Eye pressure), ECG/EKG (Electro Cardiogram) Blood Pressure annually



Chiropractic Timeline

If the first VOM Chiropractic adjustment occurs after 1 year old, then there would be a series of 6 adjustments in the first 3 months, followed by an adjustment 3 months later, then once every 6 months.

1st - 1 week later

2nd - 1 week later

3rd - 2 weeks later

4th - 3 weeks later

5th - 4 weeks later

6th - 3 months later

7+ every 6 months



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