



National Pet Dental Health Month

February is National Pet Dental Health Month, so our spotlight for February is "Dental Health". Common indications of oral disease include bad breath, a change in eating or chewing habits, pawing at the face or mouth, and depression.

According to the American Veterinary Dental Society, an astounding 80 percent of dogs and 70 percent of cats show signs of oral disease by age 3. Oral disease is the single most frequently diagnosed health problem for our furry companions.

Dog breath is nothing to smile about ...



... even for a cat.

Bacteria combines with food debris and saliva to cause plaque formations that accumulate on the tooth. As bacteria grow and calcium salts are deposited, plaque turns to tartar. Tartar enhances bacterial attachment to further plaque development, which can irritate gingival (gum) tissues and eventually lead to periodontal disease.

The first step to prevent oral disease is a routine physical exam with a look at those choppers. Pet parents should practice a regular dental hygiene regimen at home, which may include brushing their teeth with a pet specific toothpaste (don't use human varieties) or using other options such as food additives, water additives, chewable dental bones, or raw bones.

Dental Products + Raw Bones



20% off

Salon Tooth Brushing Service

50% off!

(Requires a Full-Service Groom Package)

February 1st – 28th

(Limited to stock on hand - Discount taken at register)

8 Tips for a Healthier Pet

These tips come directly from Dr. Karen Becker, DVM, founder of Mercola's Healthy Pets (which is a favorite resource for science based pet health information).

#1 – Feed Fresh. The goal is to feed your pet a diet that helps them to thrive. If you can't feed fresh every meal, even small steps like fresh snacks can really help.

#2 – Exercise with your pet. Your furry friend can help you keep that New Year's resolution of getting back in shape, simply by taking a few more walks.

#3 – Replace that retractable leash. While they may give your pet more freedom, the main purpose of a leash is to keep your pet safe and under your control. Retractable leashes often do the exact opposite.

#4 – Crate train your pet. Most people assume crate training is just for dogs, but it's just as beneficial for cats.

#5 – Refuse unnecessary vaccinations. She isn't recommending becoming an "anti-vaxxer". She is referring to recognizing the difference between too many vaccinations and protective ones. Be informed. It's ok to question your vet.

#6 – Do your homework before adopting. It's a lifelong commitment. Evaluate both your readiness and ability to be a good pet parent and learn the disposition of your potential breed or rescue companion to be sure they will fit your lifestyle.

#7 – Learn about predisposed genetic diseases. There are steps you can take to prevent your pet from acquiring those diseases, and there are ways to treat or effectively manage those that do occur.

#8 – Provide ongoing training and socialization. Well socialized pets make great companions but providing daily opportunities to interact with new people and places is the key.



Saturday, February 21st, 2026
10:00 am – 6:00 pm

We are thrilled to once again host this lifesaving course on Pet CPR and First Aid in our Silverdale Training Center. This 8-hour certification course can help every pet parent and professional to better evaluate non-emergent symptoms and prepare to act quickly to triage an emergency. A few easy to learn skills can make the difference between life and death for a pet.

Led by Annette Lanker, a Certified PetTech Instructor, the eight-hour class, utilizes lecture, demonstration, and hands-on skill practice. The class includes a handbook and upon successful completion, each participant will receive a certificate.

This class prepares you for...

- Pet CPR and Rescue Breathing
- Bandaging and Bleeding Protocols
- ABC's of Pet First Aid
- Snout-To-Tail Assessment
- Heat & Cold Injuries
- Situations that require immediate vet care
- How to create your own Pet First Aid Kit
- And over 50 skills for survival

Advance registration is required. Class fee is \$150.00 per person. To register:

<https://pettech.net/classes/petsaver-pet-cpr-first-aid-care-1530/>

Silverdale Training Center


The next round of training sessions begins in early March. Registration opens for these classes on Tuesday, February 3rd.

For complete details on schedules, pricing, class descriptions, and trainer biographies, please visit our Dog Training webpage.

Staff Training Day – March 2nd

Poulsbo Closed
Silverdale Open 12 – 6 pm

February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Noel Guiding Hands (GH) Josette Pup Pawsitive (PP) *Registrations Open for March Classes						1
2	3 *Registrations Open	4	5	6	7	8
10a Basic Obed wk 5 11a Pup Preschool wk 5 12p Intermed Obed wk 5 Lessons: 1:00p - 2:00p Lessons: 12:00p - 3:30p 3:30p CGC wk 4 4:30p Fun & Fit wk 4 5:30p Comp Heel wk 4 6:30p Rally 1 wk 4	10a Basic Obed wk 5 11a Pup Preschool wk 5 12p Intermed Obed wk 5 Lessons: 1:00p - 2:00p Lessons: 12:00p - 3:30p 3:30p Intermediate wk 4 4:30p Basic Obed wk 4 5:30p Nosework 1 wk 4 6:30p Rally 3 wk 4	10a Pre-Agility 1 wk 5 11a Pre-Agility 2 wk 5 Heel & Leash wk 5 Lessons: 12:00p - 3:30p 3:30p Comp Obed 1 wk 4 4:30p Rally 2 wk 4 5:30p Nosework 2 wk 4 6:30p Basic Obed wk 4	10a Basic Obed wk 5 11a Pup Preschool wk 5 12p Intermed Obed wk 5 Lessons: 2:00p - 3:00p 3p Intermed Obed wk 4 4p Exploration wk 4 5p Basic Obed wk 4 6p Pup Preschool wk 4	10a Basic Obed wk 5 11a Pup Preschool wk 5 12p Comp Heel wk 5 Lessons: 1:00p - 3:00p 3p CGC wk 5 4p Rally 1 wk 5 5p Rally 2 wk 5 6p Tricks & Dance wk 5	10a Pup Preschool wk 5 11a Basic Obed wk 5 12p Intermed Obed wk 5 1p Pre-Agility 1 wk 5 2p Pre-Agility 2 wk 5 Lessons: 3:00p - 4:30p	
9	10 PP Graduation	11 PP Graduation	12	13 PP Graduation	14 PP Graduation	15
10a Basic Obed wk 6 11a Pup Preschool wk 6 12p Intermed Obed wk 6 Lessons: 1:00p - 2:00p Lessons: 12:00p - 3:30p 3:30p CGC wk 5 4:30p Fun & Fit wk 5 5:30p Comp Heel wk 5 6:30p Rally 1 wk 5	10a Basic Obed wk 6 11a Pup Preschool wk 6 12p Intermed Obed wk 6 Lessons: 1:00p - 2:00p Lessons: 12:00p - 3:30p 3:30p Intermediate wk 5 4:30p Basic Obed wk 5 5:30p Nosework 1 wk 5 6:30p Rally 3 wk 5	10a Pre-Agility 1 wk 6 11a Pre-Agility 2 wk 6 12p Heel & Leash wk 6 Lessons: 12:00p - 3:30p 3:30p Comp Obed 1 wk 5 4:30p Rally 2 wk 5 5:30p Nosework 2 wk 5 6:30p Basic Obed wk 5	10a Basic Obed wk 6 11a Pup Preschool wk 6 12p Intermed Obed wk 6 Lessons: 2:00p - 3:00p 3p Intermed Obed wk 5 4p Exploration wk 5 5p Basic Obed wk 5 6p Pup Preschool wk 5 7p GHKC Conformation	10a Basic Obed wk 6 11a Pup Preschool wk 6 12p Comp Heel wk 6 Lessons: 1:00p - 3:00p 3p CGC wk 6 4p Rally 1 wk 6 5p Rally 2 wk 6 6p Tricks & Dance wk 6	10a Basic Obed wk 6 11a Basic Obed wk 6 12p Intermed Obed wk 6 1p Pre-Agility 1 wk 6 2p Pre-Agility 2 wk 6 Lessons: 3:00p - 4:30p	PP Make-up Day 1p Level 1 Classes 2p Level 2 Classes 2p Level 3 Classes
16	17	18	19 PP Graduation	20	21	22
GH Graduation Lessons: 12:00p - 3:30p 3:30p CGC wk 6 4:30p Fun & Fit wk 6 5:30p Comp Heel wk 6 6:30p Rally 1 wk 6	GH Graduation Lessons: 12:00p - 3:30p 3:30p Intermediate wk 6 4:30p Basic Obed wk 6 5:30p Nosework 1 wk 6 6:30p Rally 3 wk 6	GH Graduation Lessons: 12:00p - 3:30p 3:30p Comp Obed 1 wk 6 4:30p Rally 2 wk 6 5:30p Nosework 2 wk 6 6:30p Basic Obed wk 6	Lessons: 2:00p - 3:00p 3p Intermed Obed wk 6 4p Exploration wk 6 5p Basic Obed wk 6 6p Pup Preschool wk 6	GH Make-up Day 3p Level 1 Classes 4p Level 2 Classes 5p Level 3 Classes	 Pet CPR and First Aid Class 10:00am - 6:00pm Silverdale Training Center Advance Registration Required	
23	24	25	26	27	28	

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Noel Guiding Hands (GH) Josette Pup Pawsitive (PP)						1
2	3 PP Classes Start	4 PP Classes Start	5 PP Classes Start	6 PP Classes Start	7 PP Classes Start	8
Staff Training Silverdale Open 12p - 6p Poulsbo Closed	10a Basic Obed wk 1 11a Pup Preschool wk 1 12p Intermed Obed wk 1 Lessons: 1:00p - 2:00p	10a Pre-Agility 1 wk 1 11a Pre-Agility 2 wk 1 12p Heel & Leash wk 1	Lessons: 2:00p - 3:00p 3p Basic Obed wk 1 4p Exploration wk 1 5p Intermed Obed wk 1 6p Pup Preschool wk 1	Lessons: 1:00p - 3:00p 12p Comp Heel wk 1 3p CGC wk 1 4p Rally 1 wk 1 5p Rally 2 wk 1 6p Tricks & Dance wk 1	10a Pup Preschool wk 1 11a Basic Obed wk 1 12p Intermed Obed wk 1 1p Pre-Agility 1 wk 1 2p Pre-Agility 2 wk 1 Lessons: 3:00p - 4:30p	
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	10a Basic Obed wk 2 11a Pup Preschool wk 2 12p Intermed Obed wk 2 Lessons: 1:00p - 2:00p	10a Pre-Agility 1 wk 2 11a Pre-Agility 2 wk 2 12p Heel & Leash wk 2	3p Basic Obed wk 2 4p Exploration wk 2 5p Intermed Obed wk 2 6p Pup Preschool wk 2 7p GHKC Conformation	No Classes or Lessons	No Classes or Lessons	
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Lessons: 12:00p - 3:30p 3:30p CGC wk 2 4:30p Fun & Fit wk 2 5:30p Comp Heel wk 2 6:30p Rally 1 wk 2	Lessons: 12:00p - 3:30p 3:30p Intermediate wk 2 4:30p Basic Obed wk 2 5:30p Nosework 1 wk 2 6:30p Rally 3 wk 2	Lessons: 12:00p - 3:30p 3:30p Comp Obed 1 wk 2 4:30p Rally 2 wk 2 5:30p Nosework 2 wk 2 6:30p Basic Obed wk 2	Lessons: 2:00p - 3:00p 3p Basic Obed wk 4 4p Exploration wk 4 5p Intermed Obed wk 4 6p Pup Preschool wk 4	Lessons: 1:00p - 3:00p 12p Comp Heel wk 3 3p CGC wk 3 4p Rally 1 wk 3 5p Rally 2 wk 3 6p Tricks & Dance wk 3	10a Pup Preschool wk 3 11a Basic Obed wk 3 12p Intermed Obed wk 3 1p Pre-Agility 1 wk 3 2p Pre-Agility 2 wk 3 Lessons: 3:00p - 4:30p	
30	31					
Lessons: 12:00p - 3:30p 3:30p CGC wk 3 4:30p Fun & Fit wk 3 5:30p Comp Heel wk 3 6:30p Rally 1 wk 3	Lessons: 12:00p - 3:30p 3:30p Intermediate wk 3 4:30p Basic Obed wk 3 5:30p Nosework 1 wk 3 6:30p Rally 3 wk 3					

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