



DEPARTMENT OF MEDICAL SOCIAL WORK

Monthly Report- April 2021



CAN-STOP - Sundaram Medical Foundation,

Dr. Rangarajan Memorial Hospital,
IVth Avenue, Shanthi Colony,
Anna Nagar, Chennai – 600 040

KEY IMPACTS IN NUMBERS

50 Nos

Students participated in
Cancer Awareness session

48 Nos

Participated on
STEP program

32 Nos

Women cancer patient
counselled in Women's
Hospital.

174 Nos

Families stayed in
CANNES Home

Rs.11,276/-

Nutrition Project

93 Kgs

Plastic wastes
recycled

63 Nos

Helpline calls

38 Hours

Volunteering

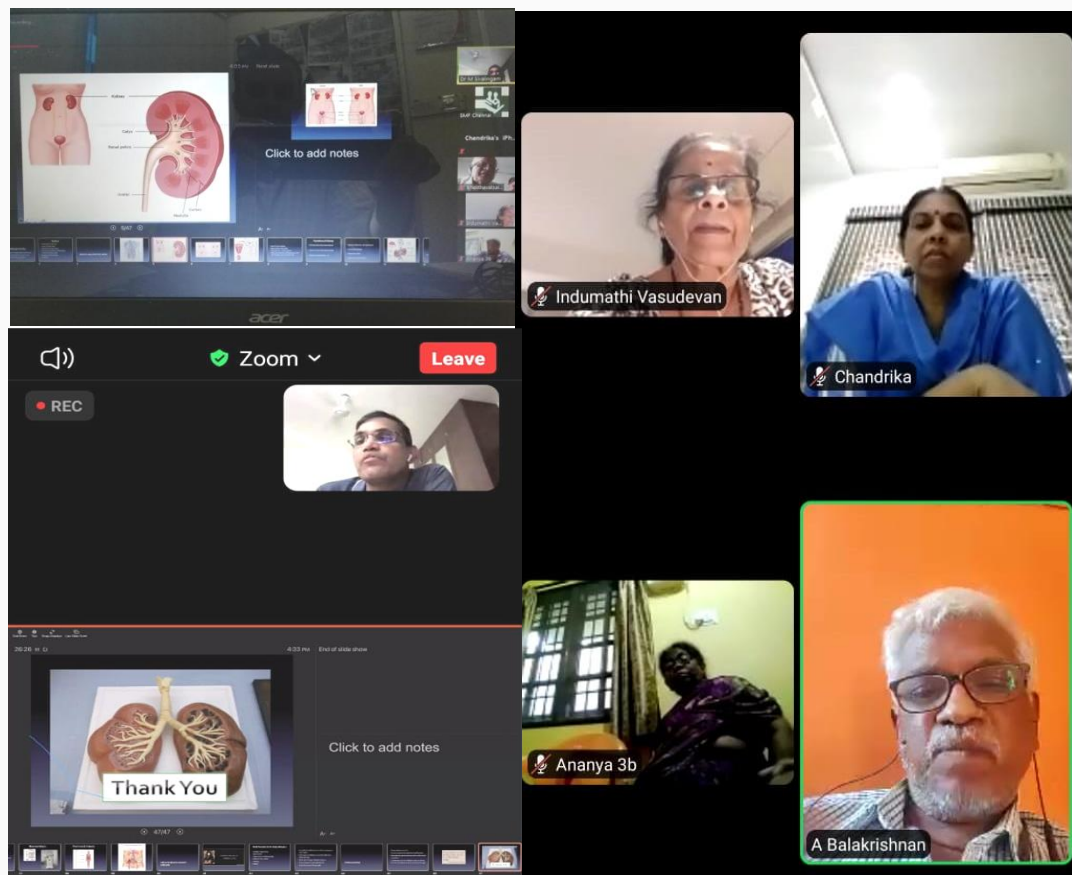
21 Hours

Counseling & Play
Therapy

SMF -STEP Program

Online STEP Program titled- “Renal Health” was conducted on April 29th, 2021 from 4.00 pm to 5.00 pm. The session was conducted by Dr. Sivalingam- Consultant-Nephrologist,SMF.

About 47 people participated on this session. This session also addressed the various renal disorders and various ideal treatment options.



PLASTIC WASTE COLLECTION:

Community Service Dept in association with Bisleri CSR team has started Plastic Zero Waste Management initiative for recycling the Plastic wastes both in IP and OP premises.

This month total of 93 Kgs of plastics were collected.

The plastic waste generated are used Hand-rub containers, plastic bottles and in Kitchen- Milk packets and other plastic covers.

REACH FOUNDATION TUBERCULOSIS PROGRAM:

Nakshatra Center-Reach Foundation (REACH- *Resource Group for Education and Advocacy for Community Health*) a NGO and the center in SMF provides advocacy, treatment, screening & diagnostics, creating awareness on TB, publication and communication of TB related issues as a multi-stakeholder approach. All the services will be free of cost.

For the month of April 2021, 11 people have utilized the tuberculosis intervention services through Nakshatra center.

CANSTOP - CANCER AWARENESS PROGRAM:

CANSTOP organized a Cancer awareness session for Students of Balaji college of arts and sciences on April 24th,2021 from 11.00 pm to 12.00 pm.

Dr.Arun, consultant,Dental Dept of Sundaram Medical Foundation was the resource person.

Total Participants: 50

Feedback: The session was informative and well received by the students.

Cancer Awareness Programme (CAP)
April 2021

CAN-STOP
CANCER - SUPPORT THERAPY

Alcoholism (damaging effects on young)

Pyeloma

Risk of liver problems

Abuse of the urinary pigments of the liver, such as the blood flow, alcohol drugs, antibiotics, necessary nutrients.

Generalized dental decay, gum disease, periodontitis.

Problems and complications with the digestive system.

Risk of breast cancer

Abuse of the natural body immune system.

Feedback from Mr.Subramanian,Principal, Balaji arts and Science College :

Thank you so much madam. The awareness program was very informative. The way the doctor spoke was really nice 🙏🙏 . 5.23 pm

sri BALAJI
Arts and Science College
Kolapakkam Chennai 127.

SMF CANSTOP
Cancer Awareness Program

Resource Person
Dr. Arun.M ,MOS
(Oral and Maxillofacial Surgery)

SAT
April 24 2021
11 AM - 12 PM **Please join us for the free online session**

STOP CANCER

Join Zoom Meeting: <https://zoom.us/j/91960011607>
Meeting ID: 91960011607

COUNSELLING & PLAY THERAPY:

Regular counseling are conducted weekly twice for Cancer patients at IOG and for parents at Institute for Child Health, Egmore. Our volunteers and social worker take charge of this task.

HELP LINE SERVICE- Totally 63 calls were received in the CAN-STOP Help line number.

21 calls for Covid 19 Vaccination.

15 calls inquiring about Step Programme

14 calls about Cancer schemes

08 calls inquiring about CANSTOP.

05 Calls for CANNEST Home.

NUTRITION PROJECT:

CANSTOP conducts its Nutrition Project in Institute of Women's Health Hospital, Egmore(IOG) and in ICH- Institute of Child Health Hospital.

Tender Coconut, Pediasure and fruits of worth Rs. 11,276/- were distributed.



CANNEST HOME: In the Month of April 2021 total of 174 families stayed at CANNEST Home including 05 new families.

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Chennai Food Bank	Raw Rice-75 Kgs	3,000
2	Mr. TKS	Pillow 4nos , Pillow Covers-20nos, Bed sheets-20nos, Pediasure 3nos and a Storage Box	7,500
3	Dr. Sendil & Mr. Suri	Monthly Vegetables	4,000
4	Mrs. Selvam	Tender Coconut	1,500
5	Mrs.Origanti	Health Mix Powder	1,500
TOTAL			Rs 17,500

Volunteer's Contribution: CANSTOP team acknowledges each and every volunteer for your time and commitment that you provided generously on the following activities.

S.NO	Volunteer Name	Duration-Hours	Activities
1	Ms. Selvam	22	Nutrition Project , Play Therapy, Counselling and Helping Hand.
2	Ms. Origanti	16	Nutrition Project , Play therapy and Counselling.

Total Volunteer Hours: 38