

DEPARTMENT OF MEDICAL SOCIAL WORK

Monthly Report- March 2021



CAN-STOP - Sundaram Medical Foundation,

Dr. Rangarajan Memorial Hospital,
IVth Avenue, Shanthi Colony,
Anna Nagar, Chennai – 600 040

KEY IMPACTS IN NUMBERS

140 Nos

Women participated in
Health Awareness session

87 Kgs

Plastic wastes
recycled

Rs. 40,000/-

Groceries & Cash
given to 10 families

174 Nos

Families stayed in
CANNEST Home

Rs.17,695/-

Nutrition Project

Rs.2500/-

Worth of Cancer
Drugs sponsored

59 Nos

Helpline calls

51 Hours

Volunteering

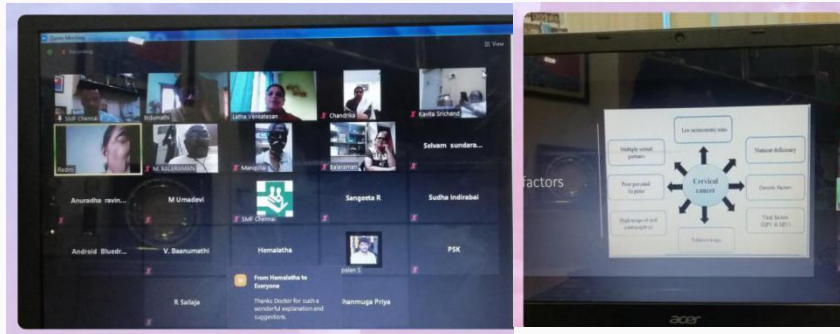
35 Hours

Counseling & Play
Therapy

SMF -STEP Program

Online STEP Program titled- Women Health and Wellness was conducted on March 18th, 2021 from 4.00 pm to 5.00 pm. The session was conducted by Dr. Latha Venkatesan- Consultant- OBG & GYN,SMF.

About 35 people participated on this session. This session also addressed the various types of cancer and ways to prevent it.



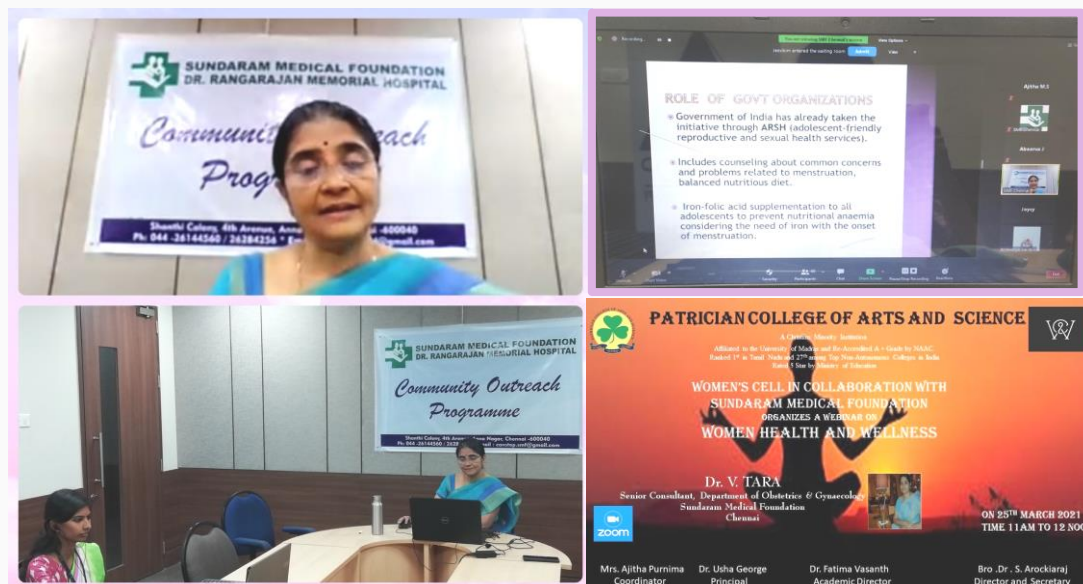
SMF-WOMEN HEALTH & AWARENESS SESSION:

Community services department of Sundaram Medical Foundation conducted a session on “Women Health” for Students of Patrician College and Hindustan College of arts and sciences on March 25th, 2021 from 12.00 pm to 1.00 pm.

Dr.Tara, consultant, Dept of OBG & GYN of Sundaram Medical Foundation was the resource person.

More than 100 students participated and the session highlighted on teenage women health issues and also on breast cancer.

Feedback: The session was very informative and well received.



PLASTIC WASTE COLLECTION:

Community Service Dept in association with Bisleri CSR team has started Plastic Zero Waste Management initiative for recycling the Plastic wastes both in IP and OP premises.

This month total of 87 Kgs of plastics were collected.

The plastic waste generated are used Hand-rub containers, plastic bottles and in Kitchen- Milk packets and other plastic covers.

REACH FOUNDATION TUBERCULOSIS PROGRAM:

Nakshatra Center-Reach Foundation (*REACH- Resource Group for Education and Advocacy for Community Health*) a NGO and the center in SMF provides advocacy, treatment, screening & diagnostics, creating awareness on TB, publication and communication of TB related issues as a multi-stakeholder approach. All the services will be free of cost.

For the month of March 2021, 22 people have utilized the tuberculosis intervention services through Nakshatra center.

CANSTOP's- HELPING HAND:

CANSTOP's initiative for supporting Paediatric Cancer Children and families who are economically impacted due to the pandemic.

This month, March 08th, 2021 on the occasion of “International Women's Day”, through Helping Hand Project we distributed Rs. 40,000/- worth of groceries and cash to 10 needy families.

CANSTOP thanks all its sponsors- Prayas Trust of L&T, Rtn. Ravindran ,volunteers and well-wishers with whose support the project is been successfully continuing.



CANWISH :

It aims at fulfilling the wishes of critically ill children up to the age of 16 years. By interacting with them and their parents, volunteers of CAN- STOP find out what their wishes are and try to fulfill them.

This month 2 children were gifted with a remote operated toy car and a Helicopter of worth Rs. 2000/-.



COUNSELLING & PLAY THERAPY:

Regular counseling are conducted weekly twice for Cancer patients at IOG and for parents at Institute for Child Health, Egmore. Our volunteers and social worker take charge of this task.

HELP LINE SERVICE- Totally 59 calls were received in the CAN-STOP Help line number.

- 21 calls for Covid 19 Vaccination.
- 14 calls on Step Programme.
- 11 calls about Cancer schemes.
- 08 calls inquiring about CANSTOP.
- 05 calls for CANNESST Home.

NUTRITION PROJECT:

CANSTOP conducts its Nutrition Project in Institute of Women's Health Hospital, Egmore(IOG) and in ICH- Institute of Child Health Hospital.

Tender Coconut, Pediasure and fruits of worth Rs. 17,695/- were distributed.



FINANCIAL AID PROJECTS

Drug Bank - As a part of Drug Bank Project, CANSTOP sponsored one PC-13, vaccination to Mr. Manoj.

The cost is Rs. 2,500/-

CANNEST HOME: In the Month of March 2021 total of 174 families stayed at CANNEST Home including 04 new families.

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Chennai Food Bank	Raw Rice-75 Kgs	3,000
2	Rtn. G.Ravindran	Wheat Flour – 30 Kgs Sooji Flour- 30 Kgs	3,000
3	Dr. Sendil & Mr. Suri	Monthly Vegetables	3,000
4	Mrs. Girishma Rathi	Tender Coconut	3,000
TOTAL			Rs 12,000

Volunteer's Contribution:

CANSTOP team acknowledges each and every volunteer for your time and commitment that you provided generously on the following activities.

S.NO	Volunteer Name	Duration-Hours	Activities
1	Ms.Origanti	26	Nutrition Project , Play Therapy, Counselling and Helping Hand.
2	Ms. Selvam	19	Nutrition Project , STEP Program and Counselling.
3	Ms. Indumathi	06	Online Cancer awareness session, STEP Program

Total Volunteer Hours: 51