



✨ VK Nữ Newsletter - November 2025 ✨

Dear VK Nữ Sisters,

November is here - a month of gratitude, connection, and celebration. As the year draws to a close, we're reminded of how far we've come together - sharing stories, laughter, and purpose across continents. This month brings even more opportunities to reconnect, recharge, and rise as a global sisterhood. We can't wait to see you at our upcoming gatherings and special events!



**MADAME NINH
HAS BECOME
VK NỮ PATRON**

We are delighted to announce that **Madame Ton Nu Thi Ninh**, President of Ho Chi Minh City Peace and Development Foundation (HPDF); former Ambassador to the EU and Vice Chair of the Foreign Affairs Committee of the National Assembly, has agreed to join our community as Patron.

MEET OUR PATRON
www.vietkieunu.org



MEET OUR PATRON

Madame Ninh has become VK Nữ Patron

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Upcoming Events



[Berlin] 6 November | Social Dinner

An evening in Berlin dedicated to empowerment, cultural pride, and connection. Let's celebrate who we are and the journeys that unite us.

📍 Rosenthaler Str. 62, 10119 Berlin

👤 **Host:** Jane Dang

RSVP



[Worldwide] 9 November | Online Living Book

6th episode of VK NỮ Online Living Book.

👤 **Living book:** Le Thi Phuong (Project Assistant at bilacon)

📖 **Book title:** The Gift of a Second Chance

👤 **Organizer:** Tina BQ Tran

Come for the stories, stay for the connection.

RSVP



[HCM] 19 November | She Talks She Sips - Bar Hopping Night

A night of connection, conversation, and fun with fellow VK NỮ ladies in HCMC!

📍 Zion Sky Lounge & Dining, Park Hyatt, YUNKA, CINÉ Saigon

👤 **Hosts:** Emily Lai, Annie Nguyen, Thu B Tran, Wendy Le

RSVP



[HCM] 22 November 2025 | Workshop

💡 **Topic:** Embodied Authority: Claiming Your Voice and Presence in Any Room

👤 **Facilitator:** Tanya Truong

📍 Toong, 2 Thi Sach, Sai Gon Ward

Stop *performing* confidence and start *embodying* it.

This deep-dive into **Somatic Embodiment** is for high-achieving women ready to move past stress and self-doubt.



[HCM] 27 November 2025 | Social Lunch

Connect with fellow VK NỮ members, share your experiences, and enjoy a delightful lunch in a great setting. 🍷

📍 Truffle & Co., 36 Mac Thi Buoi, Sai Gon Ward

👤 **Hosts:** My Holland, Annie Vo

RSVP

♥ Save the Date – VK Nữ Day Retreat in HCMC – 13 December 2025

This December, we're bringing the magic to Ho Chi Minh City for our next big in-person circle. A heartfelt mix (so far) of women from Vietnam, Canada, the US, Australia, Spain, Portugal, France, Germany, the Netherlands, Switzerland, Sweden, Italy, and Malaysia will come together for a transformative **1-day retreat** designed to nurture, empower, and connect. Held at Family Garden in Thao Dien, nature-connected environment, this retreat offers space for deep reflection, cultural reconnection, identity reconnection, leadership exploration, and community building.

Early Bird Special Offer for VK Nữ Members: ONLY UNTIL 12 NOVEMBER 2025!

VIỆT KIỀU NỮ DAY RETREAT

13 December 2025

Family Garden, Thao Dien,
Ho Chi Minh City

**Come together to recharge,
reconnect, and celebrate who we are.**

Come for Workshops on Cultural
Identity, Personal Branding, Mindset,
LEGO® SERIOUS PLAY® • Yoga •
Sharing Circle • Photoshoot

The program and facilitators
on www.vietkieunu.org

**Join us for a day you'll
remember! Scan to register:**



Created by and for
Vietnamese women
worldwide

VIỆT KIỀU
NỮ

\$115

\$77

Early Bird until
12 Nov 2025

RETREAT AGENDA

Together—we share, connect and reconnect.

8:00 AM	GENTLE ARRIVAL & TEA	
8:30 AM	GENTLE MOVEMENT & MINDFUL START	
9:15 AM	REGISTRATION & WELCOME	
9:00 AM	OPENING CIRCLE: "ROOTED & CONNECTED"	My Holland
10:00 AM	WORKSHOP: DESIGNING A LIFE WITH INTENTION - FOCUS, PURPOSE & FLOW	Hoai Anh Nguyen
11:00 AM	SHARED LUNCH + DEEP DIVE CIRCLES SELF-PROMOTION: HOW DO YOU STAND OUT IN TODAY'S ULTRA-COMPETITIVE JOB MARKET?	Annie Nguyen
01:00 PM	PRESENTS GIFT EXCHANGE	
01:30 PM	WORKSHOP: BUILDING BELONGING - A LEGO® JOURNEY INTO FEMINITY & IDENTITY	My Holland
03:00 PM	WORKSHOP: ABUNDANCE MINDSET	Tina BQ Tran
04:30 PM	AO DAI COMMUNITY PHOTOSHOOT	
05:15 PM	CLOSING & REMARKS	

Theme: Togetherness

What awaits you:

- **Workshops:** Cultural Identity • Personal Branding • Mindset • LEGO® SERIOUS PLAY®
- **Activities:** Mindfulness • Yoga • Conversation circle • Photoshoot
- **Facilitators:** Experienced coaches from Canada, France, and Germany

Fee:

- **Early bird for VK Nu members (til 12 Nov):** VND 2,000,000 (USD 77/ EUR 74)

- Full price for VK Nu members (from 13 Nov): VND 2,500,000 (USD 97/ EUR 93)
- Non-members: VND 3,000,000 (USD 115/ EUR 111)

✉ Let us know early if you're planning to join so we can begin organising activities!

RVSP NOW!

🎁 How You Can Contribute:

💛 Financial Sponsorship

Tier	Suggested Contribution	Recognition & Benefits
Gold Partner	25,000,000 VND (~USD 1,000)	• Prime logo placement on all retreat materials & welcome pack • Verbal thanks during opening & closing • Feature in all pre- & post-event social posts • Option to display banner/booth at venue • Opportunity to feature a woman from the sponsor committee on a podcast.
Silver Partner	15,000,000 VND (~USD 600)	• Logo on retreat materials & welcome pack • Acknowledgement in social posts • Verbal thanks during event
Bronze Partner	7,000,000 VND (~USD 280)	• Logo on retreat materials • Group acknowledgement on social posts

🎁 In-Kind Sponsorship

- Merchandise / Door Gifts (eco-friendly items, keepsakes)
- Cakes & Desserts
- Beverage (tea, coffee, refreshments)
- Decor & Floral Arrangements to bring the theme to life
- Open to other suggestions

Note:

- Custom packages (mix of financial & in-kind support) are welcome.
- Contact: Ms. Bao-Ngoc Tran at ngoc.tran@vietkieunu.org

Why Partner with Us?

- **Brand exposure** as VK Nữ has 16 chapters worldwide in 10 countries to a niche audience of influential, mission-driven women

- **Social media presence:** Pre, during and post-event acknowledgement (LinkedIn, Instagram, Facebook, Zalo, WhatsApp)
- **Logo placement** on printed material, website, and retreat welcome pack
- **Personalised thank-you content** (photos and testimonials of your products/services in use)
- **Ongoing relationship building:** future events, collaborations, and word-of-mouth referrals

We believe this retreat will be the start of something powerful - not just for participants, but for the ecosystem of partners who make it possible. Your support will help create an intentional, purposeful and meaningful association with a network of Vietnamese women and their connections, who also believe in being visible and proud of being multicultural.

Time to give back to our VK Nữ Community

VK Nữ has helped you connect? Time to give back to our VK Nữ Community. Share and take turns. Flexible hours depending on your availability, to help build and nurture the VK Nữ community, foster engagement, and drive initiatives that align with our mission.

See full list of small tasks [HERE](#).



VK NỮ has helped you connect?

Time to give back to our VK NỮ Community

Share and take turns. Flexible hours.

- ✓ Welcome new members
- ✓ Liaise with overseas VK NỮ
- ✓ Sourcing restaurants and bars
- ✓ Mangage social media



Full list of
small tasks

Join Now



Founder:
EQuest Asia Initiative for Women



www.vietkieunu.org



ngoc.tran@vietkieunu.org

Join Now



Calling for Donations – VK NỮ Online Auction

Do you have a **hobby or service** you'd love to **offer for a good cause**? It could be anything from a home-cooked meal, a guided city tour, to a coaching session or handmade craft – anything from the heart makes a difference!

💖 All auction proceeds will:

- Help with organizing, venue, meals etc cost for VK NỮ Year-End Get-Together Retreat - 13 Dec 2025 in HCMC
- Support scholarships for young women through Saigon Children Charity (VET education program) (Plan in 2026)

Let's create something beautiful together – your passion can spark real impact. ✨



CALLING FOR DONATIONS
VK NỮ ONLINE AUCTION

Let's turn what we love into impact. 💖

DONATE ❤️

Do you have a **hobby or service** you'd love to offer for a good cause? It could be anything from a home-cooked meal, a guided city tour, to a coaching session or handmade craft – anything from the heart makes a difference!

Founder:
EQuest Asia Initiative for Women

VK NỮ
Community Groups

FOLLOW US

The poster features a red background with white and yellow text. At the top, it says 'CALLING FOR DONATIONS' and 'VK NỮ ONLINE AUCTION'. Below this, a tagline reads 'Let's turn what we love into impact. 💖'. The central illustration shows several hands of different skin tones holding red hearts, with one heart being placed into a large glass jar that also contains several red hearts. To the right of the jar is a blue 'DONATE' button with a heart icon and a QR code. Below the jar, a pink speech bubble contains the text: 'Do you have a hobby or service you'd love to offer for a good cause? It could be anything from a home-cooked meal, a guided city tour, to a coaching session or handmade craft – anything from the heart makes a difference!'. At the bottom, there are four elements: the EQuest Asia logo, the text 'Founder: EQuest Asia Initiative for Women', a QR code, the text 'VK NỮ Community Groups', another QR code, and a 'FOLLOW US' button with a cursor icon.

📷 In Case You Missed It – Last Month's Socials

Visit and follow our channels to see the wonderful photos of past events and exciting news.



Still not a VK NỮ HCM Member?

Membership helps us create meaningful experiences, amplify our impact, and offer mentorship, scholarships, and global connections.

	1/2 YEAR VND 600K	ANNUAL VND 900K	BENEFACTOR > VND 2.000K
♦ Social Lunch offer (in HCMC only)	50% off	1 free lunch	3 free lunches
♦ Digital Membership Card	✓	✓	✓
♦ Logo included when we run events (eg: retreat...)	✗	✗	✓
♦ Preferential prices for: ☒ Social and networking events ☒ Upskill workshops ☒ Mentoring program	✓	✓	✓
♦ Priority list if you wish to offer workshops to our worldwide community	✓	✓	✓
♦ Access to our membership directory	✓	✓	✓

Sign up now!

Together, we're not just connecting - we're creating a global sisterhood rooted in identity, resilience, and belonging.

With love,

VK NỮ Team



Việt Kiều Nữ

VK NỮ Founder and VK NỮ amazing team of leaders



Safe Supportive Space for Professional VK Women



Why are you receiving this newsletter?

You're a valued member of our vibrant community of Viet Kieu Women.

You've previously registered for one of our events.

Any questions please let us know.

[Unsubscribe](#)