

TRR 2026-05-16 10km Series-Race 2 Posture and Pain Clinics Lower River Loop (10.00k & 5.00k)

Place	Name	Time MM:SS	Member Status	Gender	Pace (Min/km)	Course / Gender Place
Long Course - 10k						
1	PICKERING, REES	0.37.41	MEM	M	3.46	Long Course - Male - 01
2	DAWSON, EDWARD	0.37.41	MEM	M	3.46	Long Course - Male - 02
3	ARNOLD, DAVID	0.38.04	MEM	M	3.48	Long Course - Male - 03
4	ZEVENBERGEN, MARCEL	0.39.03	MEM	M	3.54	Long Course - Male - 04
5	HULF, TOBY	0.44.12	MEM	M	4.25	Long Course - Male - 05
6	MCKENZIE, JAEDEN	0.44.19	MEM	M	4.26	Long Course - Male - 06
7	BOGUZIS, TOMAS	0.44.25	MEM	M	4.27	Long Course - Male - 07
8	MCDONALD, BRUCE	0.44.27	MEM	M	4.27	Long Course - Male - 08
9	WOOD, KYLE	0.44.31	MEM	M	4.27	Long Course - Male - 09
10	KEMEI, JOSEPH	0.46.55	MEM	M	4.42	Long Course - Male - 10
11	FITZSIMMONS, MICHAEL	0.47.11	MEM	M	4.43	Long Course - Male - 11
12	FRICKER, KYE	0.47.19	MEM	M	4.44	Long Course - Male - 12
13	BOSCHEN, MATTHEW	0.47.21	MEM	M	4.44	Long Course - Male - 13
14	KIM, BJ	0.47.23	MEM	M	4.44	Long Course - Male - 14
15	SIEBURN, ANGELA	0.48.02	MEM	F	4.48	Long Course - Female - 01
16	CULLEN, DAVID	0.48.45	MEM	M	4.53	Long Course - Male - 15
17	KILROY, DESMOND	0.50.37	MEM	M	5.04	Long Course - Male - 16
18	GRUBBA, TRACEY	0.50.59	MEM	F	5.06	Long Course - Female - 02
19	ABBAS ADIB, YAHYA	0.51.01	MEM	M	5.06	Long Course - Male - 17
20	DAWSON, WILLIAM	0.51.06	MEM	M	5.07	Long Course - Male - 18
21	MELLORS, HOLLY	0.51.30	MEM	F	5.09	Long Course - Female - 03
22	BOWDEN, ROB	0.52.52	MEM	M	5.17	Long Course - Male - 19
23	CARTER, BRENDAN	0.53.56	MEM	M	5.24	Long Course - Male - 20
24	SAVAGE, AMY	0.56.39		F	5.40	Long Course - Female - 04
25	EVANS, DERRICK	0.56.40	MEM	M	5.40	Long Course - Male - 21
26	VOLLMERHAUSE, SCOTT	0.57.16	MEM	M	5.44	Long Course - Male - 22
27	MAYHEW, SUSAN	0.58.27		F	5.51	Long Course - Female - 05
28	NEWNHAM, COLLEEN	0.58.29	MEM	F	5.51	Long Course - Female - 06
29	JOHNSON, LIA	0.58.39	MEM	F	5.52	Long Course - Female - 07
30	LABUSCHAGNE, ROSEMARIE	0.59.43	MEM	F	5.58	Long Course - Female - 08
31	CLAYTON, SARAH	1.00.30	MEM	F	6.03	Long Course - Female - 09
32	TIRENDI, FRANK	1.07.00	MEM	M	6.42	Long Course - Male - 23
33	ERIKSEN, LUCY	1.07.51		F	6.47	Long Course - Female - 10
34	COX, SHERRY	1.08.23	MEM	F	6.50	Long Course - Female - 11
35	LOW, CARMEN	1.08.32	MEM	F	6.51	Long Course - Female - 12
36	MCNABB, JIM	1.08.44	MEM	M	6.52	Long Course - Male - 24
37	STURTZ, JAMES	1.10.55		M	7.06	Long Course - Male - 25
38	DONOGHUE, MARY	1.20.14	MEM	F	8.01	Long Course - Female - 13

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Place	Name	Time MM:SS	Member Status	Gender	Pace (Min/km)	Course / Gender Place
Short Course - 5k						
1	SIEBURN, MADELEINE	0.30.28	MEM	F	6.06	Short Course - Female - 01
2	SIEBURN, ELIZABETH	0.30.32	MEM	F	6.06	Short Course - Female - 02
3	SMITH, MATHEW	0.30.35	MEM	M	6.07	Short Course - Male - 01
4	SIEBURN, ZACHARY	0.30.45	MEM	M	6.09	Short Course - Male - 02
5	SIEBURN, ALEXANDRA	0.31.16	MEM	F	6.15	Short Course - Female - 03
6	SIEBURN, JONATHON	0.31.18	MEM	M	6.16	Short Course - Male - 03
7	LABUSCHAGNE, CELESTE	0.31.40	MEM	F	6.20	Short Course - Female - 04
8	HANNAY, ANDREW	0.31.53	MEM	M	6.23	Short Course - Male - 04
9	SUE YEK, WILLIAM	0.34.28	MEM	M	6.54	Short Course - Male - 05
10	SENSE, MEG	0.38.38	MEM	F	7.44	Short Course - Female - 05
11	ERIKSEN, DALE	0.42.17	MEM	F	8.27	Short Course - Female - 06
12	HOBSON, CHERYL	0.48.32	MEM	F	9.42	Short Course - Female - 07
13	ZEVENBERGEN, CHRISTINA	0.48.33	MEM	F	9.43	Short Course - Female - 08
14	DAVIES, JUDY	0.53.21	MEM	F	10.40	Short Course - Female - 09
Volunteers						
	GRAHAM, ALAN		MEM	M		

Thsnk you to todays sponsor - the Posture and Pain Clinic. Please see Dave Wharton at the Posture and Pain Clinic for his treatments.

Thank you to all our volunteers today including those that set up the course, unloaded and repacked the van and helped with the results.

If you can volunteer, please register in the portal as a volunteer and arrive about 30 minutes before the run start time.