



5/2/2016	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Sausage, Shallot, Sweet Potato and Mushroom Hash with Fried Eggs	Carrot, Zucchini and Chicken Frittata with Fruit	Toad in the Hole with Roasted Vegetables	Grilled Ham Steaks with Scrambled Eggs	Chocolate Chip Pancakes with Bacon
<b>Lunch</b>	BBQ Chicken Salad with Tomatoes, Goat Cheese and Paleo Ranch	Kielbasa casserole with pineapple, peppers and sweet potatoes	Meat Lovers Pizza with Pepperoni, Sausage, Kielbasa and Goat Cheese	BBQ Pork Tacos with Slaw	Paleo Egg Salad Sandwich with Side Salad
<b>Dinner</b>	Creamy Rice, Chicken, Mushroom and Haricot Vert Casserole	Lemon Garlic Chicken with Spinach and Sundried Tomatoes over Paleo Pasta	Sweet Potato Sloppy Joes	Paleo Meatloaf with Greens and Mashed Sweet Potatoes	Honey Garlic Chicken Stir Fry with Broccoli, Sweet Potatoes and Carrots