



6/20/2016	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Kielbasa, Sweet Potato and Pepper Hash with Eggs	Ham, Broccoli and Sweet Potato Frittata with Fruit	Paleo Biscuits & Gravy	Garden Vegetable Scrambled Eggs with Paleo Toast	Strawberry Pancakes with Bacon
<b>Lunch</b>	Grilled Chicken and Spinach Salad with Grapes, Apples, Almonds, Pumpkin Seeds, Raisins and Goat Cheese	BBQ pork over Mashed Plantains	Teriyaki Wings with Grilled Pineapple	Grilled Chicken Kabobs with Peppers, Squash, and Tomatoes	Meatball Sandwich with Roasted Sweet Potatoes
<b>Dinner</b>	Paleo "Chicken ala King" over Black Rice	Scrimp Scampi over Paleo Pasta with Squash and Zucchini	Sweet Potato Sloppy Joes	Honey Mustard Pork Tenderloin with Mashed Sweet Potatoes and Haricot Vert	Chicken BLT Burgers with Sweet Potato Fries