

# ECON 2026



27<sup>th</sup> Joint Conference - IEA & IES  
Organised by IEA, Ludhiana Chapter

INNOVATIONS AND ADVANCEMENTS  
IN EPILEPSY CARE

[www.econ2026.com](http://www.econ2026.com)

— DATE —  
**6<sup>TH</sup> AUGUST 2026**  
— TIME —  
**10 AM - 5 PM**

## KETOGENIC DIET WORKSHOP

**Date: 6th August 2026 | Time: 10:00 AM to 5:00 PM**

**Venue: College Campus, Dayanand Medical College and Hospital, Ludhiana**

TIME	TOPIC	SPEAKER
	<b>Session 1: Chairperson - Dr Anaita Hegde</b>	
<b>09.50 am - 10.00 am</b>	<b>Welcome Address</b>	Dr Janak Nathan
10.00 am - 10:30 am	Mechanism of Action of KDT in Epilepsy	Dr Janak Nathan
10:30 am - 11:00 am	KD in Infants and Children	Dr Shiji Chalipat
11:00 am - 11:30 am	KD in Adolescents and Adults NEW and transitioning	Dr Mackenzie Cervenka
11:30 am - 11:40 am	Q & A SESSION	
<b>11:40 am - 11:50 am</b>	<b>TEA BREAK</b>	
	<b>Session 2: Chairperson - Dr Janak Nathan</b>	
11:50 am - 12:20 pm	Side-Effects and Monitoring in KD	Ms Sonal Bailur
12:20 pm - 12:50 pm	KDT in Emergency Situations (Status, FIRES, NORSE, Other Systemic Illnesses)	Dr Anaita Hegde
12:50 pm - 1:05 pm	Nutrient Supplementation and Concomitant Medication for Co-morbidities	Dr Shiji Chalipat
1:05 PM - 1:10 PM	Q & A SESSION	
<b>1.10 pm - 1.30 pm</b>	<b>LUNCH</b>	

TIME	TOPIC	SPEAKER
<b>Session 3: Chairperson - Dr Shiji Chalipat</b>		
1:30 pm - 2:00 pm	KD for GLUT1, PDH & Mitochondrial Epilepsy	Dr Joerg Klepper
2:00 pm - 2:30 pm	Classical KDT - Calculation, Examples, and Experience	Ms Sonal Bailur
2:30 pm - 3:10 pm	KD Beyond Epilepsy-Autism, Cancer, Neuro degenerative Disorder and Epilepsy Interface - Role of Ketones	Dr Janak Nathan
3:10 pm - 3:30 pm	Choice of KDT and Diet Initiation	Ms Vidula Naik
3:30 pm - 4:00 pm	Follow up, Fine Tuning and Weaning Diets	Ms Sonal Bailur
4:00 pm - 4:20 pm	Tube Feeding, Blenderized Diet, and Parenteral Diet	Ms Ritu Sudhakar
4:20 pm - 4:30 pm	Case Study - Tube Feeding & Calculations	Ms Ritu Sudhakar
<b>4:30 - 4:40 pm</b>	<b>TEA</b>	
<b>Session 4: Chairperson - Dr Janak Nathan</b>		
4:40 pm - 5:00 pm	Strategies to improve compliance in delivery of KD	Ms. Shaveta Batta
5:00 pm - 5:10 pm	Case Study- Progressive Myocolonic Epilepsy	Ms. Shaveta Batta
5:10 pm - 5:30 pm	Q & A SESSION	
5:30 pm	Thanks	Ms. Shaveta Batta

Registration Fee - Rs 1,000/-

 REGISTER NOW

SCAN TO REGISTER

