



 **Kangaroo Care**
It's all about Women and Children

 **Kangaroo Care**
Fertility

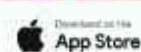
 **Kangaroo Care**
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 **Kangaroo Care**
It's all about Women and Children

Doctors' Driven Hospitals

Southall



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CEO Message

Dear Patrons,

At Kangaroo care, we believe in providing everyone a Quality of Care such that our measure of success is in the number of smiles we leave behind. We strive hard to provide the highest level of service and to give them an enjoyable and memorable experience. We consider all our patients as our own family. We share utmost respect, care, and courtesy with each one of our staff.

We at Kangaroo care would like to be India's most trusted brand in the field of women and children's health. We wish to be front-runners in this sector by providing premier quality and high standard healthcare to every women and children. Our aim is that no mother or child should be deprived of tertiary care in our surroundings.

Best Regards
DR. SHEKAR SUBBAIAH
Senior Neonatologist, CEO & Founder Director

Our New Launch

KANGAROO CARE FERTILITY MYSORE

Kangaroo Care Fertility Expands to Mysore Your Trusted Partner in Parenthood

Kangaroo Care Fertility is proud to announce its new facility in Mysore, bringing a new ray of hope to couples aspiring to start or expand their families. Recognised for our excellence in fertility care, our Mysore center is equipped with advanced technology and a compassionate team of specialists dedicated to guiding you on your fertility journey.

At Kangaroo Care Fertility, we understand that every couple's path to parenthood is unique. Our tailored treatments, backed by science and empathy, ensure individualized care to address diverse fertility challenges. With a proven success rate of 65% to 70%, we have become a trusted partner for couples seeking effective fertility solutions.

The Mysore center offers a range of services, including IVF, ICSI, IUI, egg freezing, genetic counseling, and more. Our approach integrates cutting-edge medical procedures with emotional and psychological support, ensuring holistic care. From the initial consultation to post-treatment support, we prioritize transparency and comfort for our patients.

As we celebrate this milestone, we invite you to visit our center and explore how we can help make your parenthood dreams a reality. Kangaroo Care Fertility Mysore – your trusted partner in fertility care, where science meets compassion, and dreams take flight.



Our launch - Kangaroo Care Fertility Ramanagara

Kangaroo Care Fertility - Advanced Fertility Services Now in Ramanagara

Kangaroo Care Fertility is proud to announce the successful launch of our new facility in Ramanagara, expanding our reach to provide advanced fertility services closer to you. This new center brings specialized care to couples on their journey to parenthood, making world-class fertility solutions easily accessible.

Equipped with the latest fertility technology and a team of experienced specialists, our Ramanagara center offers comprehensive services—from diagnostic evaluations to advanced treatments, as well as personalized counseling. We are dedicated to addressing the unique needs of each individual and couple in a supportive, nurturing environment.

Under the leadership of Dr. Shekar Subbaiah, Senior Neonatologist and CEO with over 15 years of expertise, Kangaroo Care Fertility continues to set new standards in fertility care. With our new Ramanagara facility, we are here to guide and support you every step of the way, ensuring excellence and compassion throughout your fertility journey.

At Kangaroo Care Fertility, we remain committed to turning dreams into reality, offering the same level of dedication and care that has made us a trusted name in fertility service.





What's NEW

Pre-Anaesthesia Evaluation (PAE) / Labour Pain Clinic

Pre-Anaesthesia Evaluation (PAE), also known as Pre-Anaesthesia Check (PAC), is a process of clinical assessment that occurs before the administration of anaesthesia for both surgical and non-surgical procedures.

PAC helps identify risks and develops an anaesthetic plan tailored to the patient.

The goal of PAC is to reduce patient and family anxiety, identify pre-existing health issues, and avoid surgical delays. It also minimizes costs and ensures a personalized anesthetic plan for the patient.

This evaluation is performed by a qualified anaesthesiologist and includes:

- **Medical History**
- **Physical Examination**
- **Discussion of the anaesthetic plan**
- **Informed Consent**

Childbirth Pain Relief Options

There are a range of options for pain relief during labour, including:

Non-Medical Techniques: TENS (Transcutaneous Electrical Nerve Stimulation)

Medical Pain Relief Options: Entonox | Pethidine | Labour Epidural Analgesia

Epidural Analgesia: The most effective pain relief option available.

Discussion on Pain Management: During the PAC, there will be a detailed discussion about pain management options for both normal deliveries and caesarean sections.

At our hospital, it is mandatory for all patients and mothers to attend the PAC clinic before a normal delivery, caesarean section, or any other surgical procedure. This ensures safety and better outcomes by providing access to safe, high-quality anaesthesia services, making the surgical experience a pleasant one for the patient.

Pregnancy Yoga GARBHA YOGA

Pregnancy is a beautiful and transformative journey for women, but it can also be physically and emotionally challenging. As your body goes through various changes, it's crucial to find activities that support your physical and mental well-being. One such activity is yoga.

Yoga, an ancient practice that emphasizes flexibility, strength, and mindfulness, offers numerous benefits during pregnancy, helping women manage discomfort and promote overall health.

Kangaroo Care has developed an effective program specifically designed for pregnant women, available at all our centers in Bangalore, Mysore, and Ramanagara.

The course includes the following components:

- PRANAYAMA
- MEDITATION
- ASANAS
- NADA YOGA & CHANTS

We are dedicated to supporting you throughout this transformative journey, ensuring your mind and body remain balanced and healthy.



Success Story

BANGALORE

Obstetrics and Gynecology



With extensive experience in managing complex pregnancies, our expert Obstetrician and Gynecologist, successfully handled the case of Mrs X, a 38-year-old woman experiencing difficulty in conceiving, presented with an early pregnancy. She had a history of diabetes, hypertension, and thyroid issues. Additionally, she had a shortened cervix, for which a cervical stitch was placed. At 25 weeks of pregnancy, she experienced amniotic fluid leakage and was admitted to our hospital. She was treated for 5 weeks and delivered a baby boy at 30 weeks, weighing 770 grams. The baby was treated in the NICU for 3 months and was discharged safely.

IVF / Fertility

Kangaroo Care is proud to share the remarkable experience of our expert in successfully guiding a couple through a challenging journey.

Here's a glimpse into how our expert's approach helped make this possible:

Mrs. X, 33 years old, wife of Mr. Y, 35 years old, is a known carrier of Haemophilia A. She underwent two induced abortions as the fetus was affected with Haemophilia A, diagnosed through chorionic villus sampling. The couple was advised genetic counseling and offered IVF followed by pre-implantation genetic testing for the affected mutation.

Ovarian stimulation was done using the antagonist protocol, and six day 5 embryos formed were subjected to PGT-A followed by PGT-M. One embryo was aneuploid, and two were affected with Haemophilia A. Two embryos were carriers, and two were unaffected.

A frozen embryo transfer with unaffected embryos was done. The couple conceived and delivered a healthy baby.

Paediatrics and Neonatology

Maternal History:

Mrs. S, a 37-year-old G2 P1 woman, delivered preterm at Kangaroo Care Hospitals under an expert medical team. The pregnancy was complicated by preterm labour, requiring steroids and MgSO₄. A cesarean section was performed with prophylactic antibiotics.

Neonatal Details:

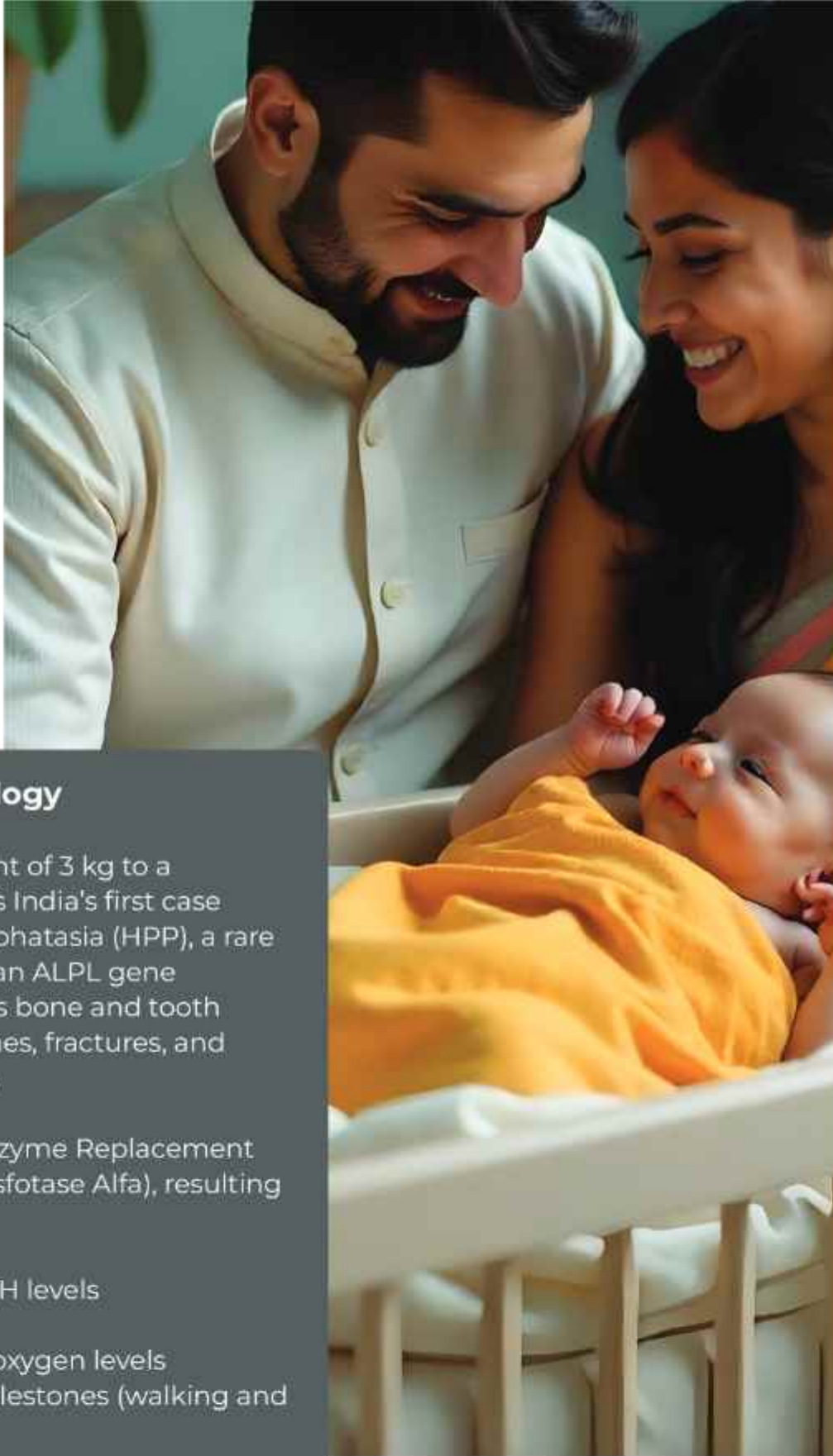
Born at 770g, with Apgar scores of 5 (1 min) and 7 (5 min), the baby was admitted to the NICU for extreme prematurity. Diagnosed with Hyaline Membrane Disease, the baby was managed with ventilation, CPAP, surfactant therapy, and caffeine. Jaundice was treated with phototherapy, and feed intolerance was managed with a feed thickener and medication. The baby also received treatment for anemia, respiratory distress, and BPD, remaining oxygen-dependent until Day 90.

Baby's Improvement:

Despite the challenges of extreme prematurity, the baby showed remarkable resilience. With expert care at Kangaroo Care Hospitals, the baby gradually overcame respiratory issues, anemia, and feeding intolerance. By discharge, the baby was stable and thriving, reflecting the strength of both the medical team and the family.



Success Story MYSORE



Paediatrics and Neonatology

Baby S, born with a birth weight of 3 kg to a non-consanguineous couple, is India's first case treated for Infantile Hypophosphatasia (HPP), a rare metabolic disorder caused by an ALPL gene mutation. The condition affects bone and tooth strength, leading to fragile bones, fractures, and life-threatening complications.

At 8 months, Baby S began Enzyme Replacement Therapy (ERT) with Strensiq (Asfotase Alfa), resulting in significant progress:

- Improved weight gain
- Normalized calcium and PTH levels
- Resolved kidney stones
- Normalized breathing and oxygen levels
- Reached developmental milestones (walking and talking at 2.5 years)

Our expert at Kangaroo Care Hospitals Mysore has played a pivotal role in Baby S's remarkable journey, demonstrating the potential of medical advancements in treating rare conditions like HPP.



A Journey of Care and Recovery: A Case of Congenital Adrenal Hyperplasia

A newborn, the first child of a non-consanguineous married couple, presented with a typical genitalia at birth. The infant exhibited fused labioscrotal folds, a single urogenital opening at the tip of the clitorophallus, and no palpable gonads. Initial blood investigations revealed hyponatremia and hyperkalemia. Further diagnostic tests confirmed high levels of 17-hydroxyprogesterone and low serum cortisol, leading to a diagnosis of Classical Salt-Wasting Congenital Adrenal Hyperplasia (CAH).

Treatment commenced with oral hydrocortisone and fludrocortisone supplements, which stabilized the child's electrolyte levels. Karyotype analysis indicated 46XX chromosomes, and an ultrasound revealed normal uterocervical and prominent adrenal glands.

The child was placed under the regular care of a pediatric endocrinologist, with consistent monitoring of weight, height, and developmental milestones, all of which progressed appropriately for age. Hormone levels, including serum 17-OHP and plasma renin activity, were assessed periodically to adjust steroid dosages.

At the age of 2 years and 5 months, the child underwent clitoral reduction and feminizing genitoplasty performed by our expert. Post-surgery, the child is recovering well and continues to receive steroid supplementation under regular medical supervision.

Success Story

RAMANAGARA

Obstetrics and Gynecology

Managing a Complex LSCS with Fibroid

A 39-week pregnant woman with a history of LSCS and tuboplasty presented at Kangaroo Care Hospitals, Ramanagara, for an elective LSCS and tubal ligation. Upon examination, she had a large 18 x 20 cm fundal fibroid. Our expert led the team through this high-risk procedure, resulting in a healthy baby weighing 3.1 kg. However, post-delivery, significant bleeding occurred, requiring evacuation of blood clots and three blood transfusions. The team also applied positional corrections for aortocaval compression. The patient recovered fully and was discharged on Day 10, grateful for the expert care provided.

This case demonstrates the exceptional skill and unwavering commitment of our expert in managing high-risk situations, ensuring both the mother and baby received the best care possible. At Kangaroo Care Hospitals, we are proud to have such skilled professionals providing top-tier care in every challenging scenario.



■ Paediatrics and ■ Neonatology

From Vulnerability to Strength: The Journey of a 29-Week Preterm Infant

At Kangaroo Care Hospitals, we proudly share the inspiring journey of a 29-week preterm baby born weighing just 1 kg due to maternal hypertension. Under an expert medical team, the baby overcame significant challenges, highlighting the power of compassionate neonatal care.

The baby required CPAP for 4 days, followed by HFNC for respiratory distress syndrome, with Curosurf for support. 4 antibiotics addressed sepsis risk, and nutrition progressed to full feeds with expressed breast milk. A human milk fortifier ensured weight gain. Cranial ultrasound was normal, and mild Retinopathy of Prematurity resolved on follow-up.

At 35 weeks corrected age, the baby was discharged weighing 1.8 kg on full suck feeds. Our team expressed deep satisfaction in the baby's progress and gratitude for the parents' trust in Kangaroo Care Hospitals, reinforcing our commitment to exceptional care.

Events



Prematurity Day Celebration



IVF & Embryologist Day Celebration



Baby Shower



Children's Day Celebration



CME (Continuous Medical Education)



Baby Shower

MYSORE

BANGALORE



Health check-up at KHB Platinum Apartments



Health check-up at Little Kidz School

MYSORE



Mahouts' Health Camp at Mysore Palace



Health check up camp at Jana Small Finance Bank

RAMANAGARA



Children's Day Celebration



CME (Continuous Medical Education)



Baby Shower

RAMANAGARA



Dental Camp at Strawberry International School Ramanagara



Breast Cancer awareness camp

Awareness Programs by Kangaroo Care Hospitals

KATS

Kangaroo Care Acute Emergency Transport Services

Newborn Paediatric & Obstetric Emergency Transport Service



Kangaroo Care Women and Children Hospitals (Bangalore, Mysore & Ramanagara) proudly introduces KATS, the only Newborn Paediatric & Obstetric Emergency Transport Service in our centers. Operating 24/7, KATS provides expert clinical advice, emergency treatment, stabilization, and inter-hospital transport for critically ill newborns, children and obstetric patients.

KATS plays a vital role in improving survival rates by ensuring safe transfers to Kangaroo Care's Level 3B NICU, the highest neonatal care available. It also supports medical professionals with guidance on stabilization and transport protocols.

With a commitment to excellence in emergency care, KATS ensures that every newborn, women and children receives the care they need - anytime, anywhere.

Obstetrics &
Gynaecology

Level 3B NICU

Our
Specialities

24/7 Lab &
Pharmacy

IVF/Fertility

Baby Shop

Newborn Ambulance
Service (KATS)

Fetal Medicine/
Ultrasound

Kangaroo Care Digital Gateway

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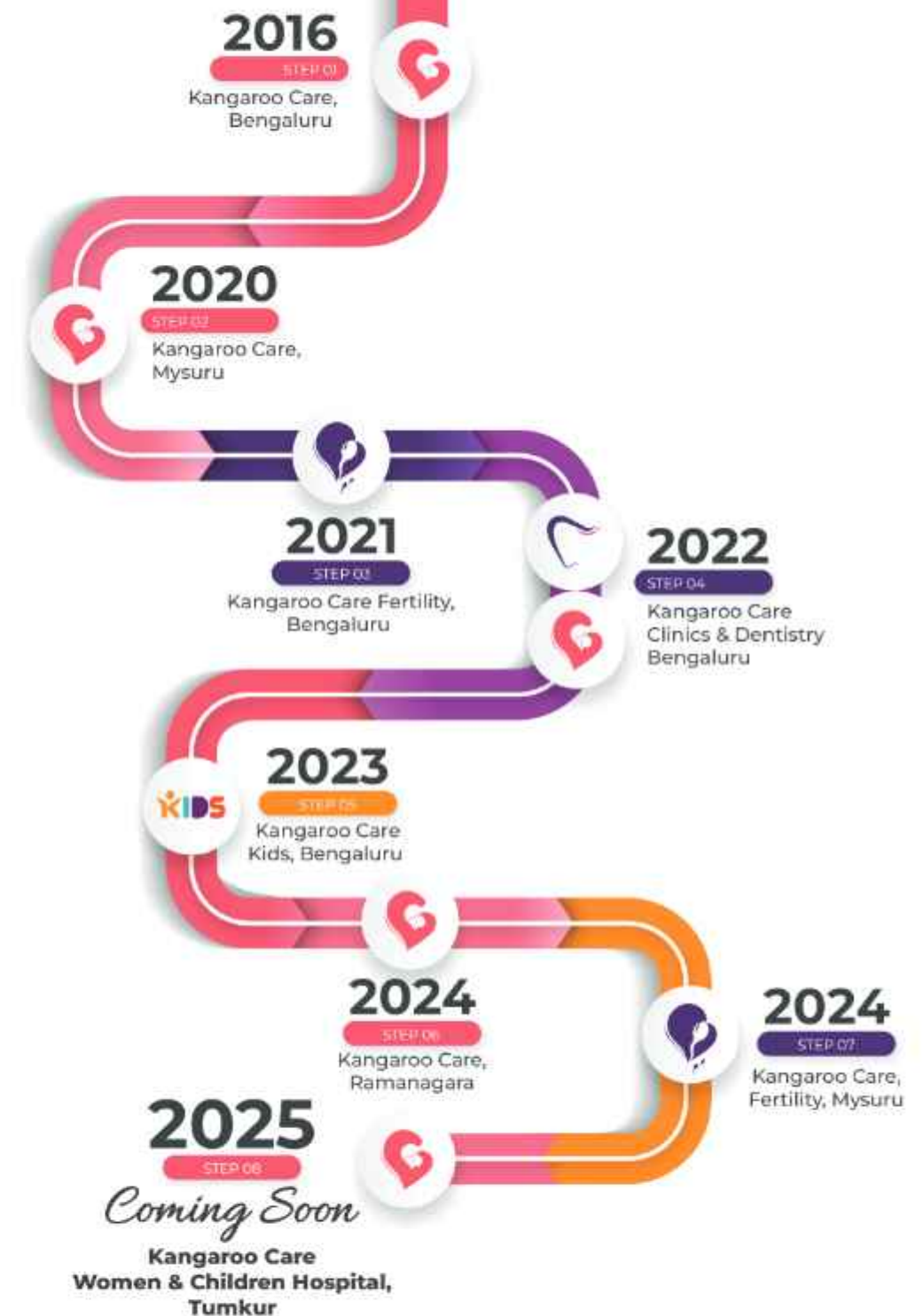
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