





THE AVINI *Advantage*

JUNE 2023 EDITION



AVINI HEALTH™

ADVANCES IN NATURAL HEALING



Message from Neil Roth, CEO

"The challenge is everyone likes a different 'taste'."

Dear Avini Family,

Another outstanding month has gone by, and the Distributor force continues to amaze us! Your devotion to the Avini products is the most important asset of our business, bar none!

For this month's newsletter, I would like to discuss "taste." It is significant to realize that in the supplement industry, the easiest way to get products to market is in tablets, capsules and in some cases liquids, like our Cell Defender, which have no taste. However, there are products like our TrimScience, Plus Energy and Plus Fiber, which provide much needed supplementation but require "taste." The challenge is everyone likes a different "taste."

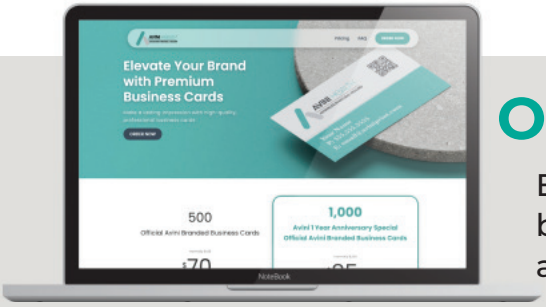
For example, why are there so many coffee brands and types? Because everyone likes the "taste" of their brand. Understand, in the case of TrimScience Coffee, Rik has done an outstanding job of creating a supplement that tastes as close to coffee as possible. You can personalize that taste to your own liking! Sugar-free sweeteners, flavored or unflavored dairy products, almond milk, etc. Or drink it black... it's all your choice!

The newest TrimScience product, Lemonade, is another example. We have received the entire scale of like to dislike but understand, this is a supplement. Some people like it sweet, or less sweet, or tart, or less tart. Rik has made the flavor more in the middle. You can make it sweeter, add lemon juice, squeeze a lemon, etc. He will continue to improve taste as much as possible but again, everyone has a different "taste" requirement. Don't let the taste stop you, make it your own!

Your Corporate Team is appreciative of the support you have given and will continue to try to make improvements in every way we can!

Have a fantastic month!

Neil Roth



Order your business cards today!

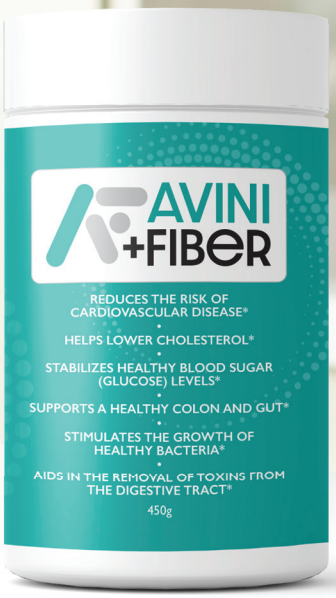
Elevate your brand with premium business cards! Scan the QR code and visit us online to order yours!



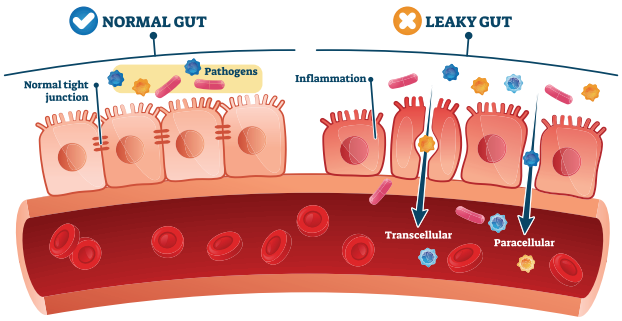
$70 for 500
Full color cards with custom QR code
includes FREE shipping

$85 for 1000
Full color cards with custom QR code
includes FREE shipping

+FIBER
and Gut Health



The human gut is the doorway through which most heavy metals and toxins are leaked into the bloodstream.



Small fissures in the 1 to 2 cell-thick gut lining can allow toxins to move into the bloodstream unimpeded, a condition known as “Leaky Gut.”

+Fiber addresses this condition directly by limiting the toxins that are absorbed into the gut and by fixing the leaks.

+Fiber is designed to promote colon health through reduction of negative bacteria and yeast, promotion of healthy bacteria, removal of heavy metals and toxins, promotion of gut lining repair, slower sugar absorption, and nutrition management. Using +Fiber before the two largest meals of the day, binds up the toxins, making the detox process more efficient, and also promotes a feeling of fullness, helping you to choose to eat less.

+Fiber has no fillers or token ingredients, only active ingredients.



+FIBER ingredients

First pass activated clinoptiilolite, which is clinoptilolite that has been cleaned and activated, but is larger than 5 microns, keeping its detox benefits in the intestinal tract.

Inulin, a sugar that thinks it's a fiber but cannot be broken down and provides energy to probiotic bacteria, is the primary energy source fueling aerobic fiber consumption and the production of butyrates, which are important to fixing the leaky gut.

Innulin will only feed probiotic bacteria, and over time starves out anaerobic and facultative bacteria.

It also forms a matrix that binds with the bile from the gall bladder/liver, removing the bile and its attached toxins, eliminating them from the body. The removal of the bile promotes healthy cholesterol and triglyceride levels.

+Fiber contains three **whole food fibers**: Apple pectin, oat fiber and carrot fiber, all of which provide a source of postbiotic production, which is important to gut health.

The gut bacteria uses each kind of fiber to produce a different butyrate compound. These three forms of butyrates help seal the fissures creating leaky gut.

Monkfruit, as a sweetener, and **orange powder** to provide true orange flavor.

Sodium bicarbonate, a buffering agent used to extend the absorption time of food into the blood stream.

Butyrate is produced when "good" bacteria in your gut help your body break down dietary fiber in your large intestine.

It plays an important role in digestive system health by providing the main energy source for your colon cells; it meets about 70% of their energy needs.

It may provide other health benefits too, including supporting a healthy immune system and reducing inflammation.

Remember to register for the National Summit in Dallas, TX



DATE:
FRIDAY, OCTOBER 20TH -
SATURDAY, OCTOBER 21ST

PLACE:
HOUSE OF BLUES



Are you ready to rock and roll in Dallas?

We sure are!

We're thrilled to announce that the Avini Health National Summit is coming to the iconic House of Blues on October 20th and 21st, and you won't want to miss it.

Join us for two days of education, motivation, and inspiration to take your business and health to new heights. This year's Summit is going to be extra special as we've secured one of the most legendary music venues in the country for our Summit – the House of Blues! It's the perfect backdrop for our event, as we gather to connect, learn, and grow together.

You'll have the opportunity to meet and network with Avini Health leaders and other professionals who share your passions and vision. Learn from the best in the industry, gain insights, and build relationships that will last a lifetime.

Don't wait – get your tickets now for the Avini Health National Fall Summit at the House of Blues in Dallas. We can't wait to see you there, ready to rock and roll!

TRIM science CHALLENGE winners

We are thrilled to announce the winners of our TrimScience™ Challenge, a 90-day health and wellness competition aimed at helping individuals kick start their journey to a healthier lifestyle. We want to extend our heartfelt congratulations to all the participants who joined us in this transformative challenge and embraced the opportunity to create positive changes in their lives.

Without further ado, let's celebrate our outstanding winners:



Barb Chapman!

First place won an all-expense paid vacation trip to Cabo San Lucas, MX for two people.

Barb Chapman is our first-place winner! Congratulations on your remarkable achievement during the TrimScience™ Challenge. Your dedication and hard work have earned you the top spot and an amazing trip to Cabo. Well done, Barb!

Reducing my weight has been great, more exciting to me is being able to fit into clothes that I was never able to fit into when I was growing up.

~Barb



Darren Sliva!

Second place won $1,000

Congratulations Darren Sliva, on securing the second-place position in the TrimScience™ Challenge! Your commitment to health and wellness has paid off, and we are delighted to award you $1000 for your outstanding efforts. Great job, Darren!

The results that I'm getting are truly amazing.
I love using the TrimScience not only for the physical health benefits but for also the mental clarity and the focus it gives me
~ Darren



Rita Bartelson!

Third place won $500

Rita Bartelson has claimed the third-place position in our TrimScience™ Challenge! Your commitment and perseverance in adopting healthy habits have earned you a well-deserved prize of $500. Congratulations, Rita!

"I am starting to like myself again. I am looking forward to shopping for clothes that make me feel good and not just trying to hide the excess weight."

~ Rita

We would also like to acknowledge the remarkable achievements of our other participants who have won an honorable mention in the challenge. Each of them will receive $100 as a token of appreciation for their dedication.

- **Rich Kotter**
- **Robbie Canfield**
- **Shirley Anderson**
- **Paul Stowers**
- **Becky Wilkey**
- **Lisa Stowers**
- **Marilyn Cassell**
- **Janell Kevin**
- **Jacqueline Chapman**

DISTRIBUTOR *Success*



DISTRIBUTOR PROMOTED TO DIAMOND!

Chris Bruce of Washington

They say, "Time flies when you're having fun" or, "when you're busy." This first year in Avini must be the shortest year I ever experienced. I have been busy and I've been having more fun than at any time in my adult life. Who knew there were so many amazing people in the world just a phone call away? Who knew how many could be helped, their lives changed, by something so simple as a daily shower on the inside?

I am so grateful for the many Avinians that have made this last year possible and so grateful to my team that have helped Missy and me reach Diamond. Thank you. Thank you.

With love from Sunny Spokane, Washington, Chris Bruce .



Toni Marie Abeyta, CO
Emerald Executive

"I'm thrilled for such a time as this to happen now, more than ever we need Avini Health. Sharing Avini is both my passion and my purpose. Avini Health has given me a chance to offer both HEALTH and Financial Freedom to others unlike any other vehicle I've ever known. If I meet you, you'll know I love my Avini Family. You gotta love Rockin the Heavy Metals right out of everyone we meet!"



Doug Griffith, CA
Emerald Director

"Avini is driven by genuine passion for the industry and the desire to make a meaningful impact. The company thrives on empowering individuals, not only by providing them with exceptional products but also by offering opportunities for personal growth and financial independence. Avini helps me satisfy my desire to make a difference and gives me satisfaction seeing others succeed. With its unwavering dedication to quality, its commitment to empowering distributors, and its passion for the industry, Avini is poised to revolutionize the wellness industry and inspire positive change in the lives of families everywhere. "



Glenna Russell, CA
Emerald Director

"I have been one of Rik's roadies for a long time. I was fortunate enough to learn about Rik's fabulous Avini scientific discovery, Cell Defender, from our friend Marcy Littlejohn, who had been given an expiration date on her life. That was over 10 years ago. At that time in my life, I was in desperate need also.

I had heavy scarring inside and outside my body causing me pain. Within three weeks of taking a crisis dosage of Avini Cell Defender I noticed the scarring on the outside of my body was dissipating, and I found that my ability to move my body was becoming easier and less painful. That was the beginning of my family's journey with Rik Dietch and his wonderful scientific discoveries".



Distributors who were promoted to Ruby Apprentice

Anne Wehling, CO

Yeu Cha, CA

Cheryle Delong, CA

Nunzio Marino, MI



Distributors who were promoted in Sapphire

Donna Bach, CA - Sapphire Executive
Diane Chasick, FL - Sapphire Executive
Kathy Rossmann, CO - Sapphire Executive
Helene Masonholder-Dimock, WA - Sapphire Executive
Nathan Zertuche, CA - Sapphire Executive
Armida Zertuche, CA - Sapphire Executive
Grace Belair, MT - Sapphire Executive

Crystal Miller, CA - Sapphire Director
Judy Fenton, NC - Sapphire Director
Cynthia Wisecarver, KY - Sapphire Director
Gaylyn Jones Stanley, CA - Sapphire Apprentice
Ana Rios, CA - Sapphire Apprentice
Brenda High, ID - Sapphire Apprentice
Judy De Jong, IA - Sapphire Apprentice
Suzy Lindgren, OR - Sapphire Apprentice



Distributors who were promoted in Gold

Clara Adams, MI - Gold Executive
Denise Ransom, PA - Gold Executive
Connie Cole, IN - Gold Executive
Bethany Schaffer, CO - Gold Executive
Shelly Erkman, CO - Gold Executive
Geraldine Bell, WA - Gold Executive
Aida Sandoval, CA - Gold Executive
Kevin Ryan, MI - Gold Executive
Sylvia Holtrop, IA - Gold Executive
Neil Lynch, MT - Gold Executive
Anthony Tran, CA - Gold Executive
Marlene Unruh, CA - Gold Executive
Joy Widmark, CA - Gold Executive

Vickie Haddad, KY - Gold Executive
Barbara Joseph, ME - Gold Director
Tina Pham, CA - Gold Director
Live Your Freedom Day Llc, NY - Gold Director
Michelle Vosmera, CA - Gold Director
Gail Braxton, VA - Gold Director
Lisa & Nick Aschenbrenner, KS - Gold Apprentice
Robin Phillips, WA - Gold Apprentice
Haileigh Zabalza, TX - Gold Apprentice
Gary Akovenko, ME - Gold Apprentice
Annetta Driskell, CA - Gold Apprentice
Carol Duvall, WA - Gold Apprentice

A NOTE FROM
Doug Dickey



We at Avini Health want to encourage our Distributors to get the word out about a global health issue that isn't being taken seriously enough: Heavy metals' exposure to the general public.

Heavy metal exposure is a chronic and widespread issue that affects everyone. Metals such as lead, mercury, cadmium, and arsenic are commonly found in the environment, including soil, water, and air, and can easily accumulate in the human body through ingestion, inhalation, or dermal contact.

The consequences of prolonged exposure to heavy metals can range from mild health effects such as headaches and behavioral changes to more severe health problems such as cancer, neurological impairments, and developmental defects. Exposure is not limited to industrial workers or people living near contaminated areas but can affect everyone, making it a global public health concern.

We must redouble our efforts to get this information to everyone and explain how Avini Health's life-changing products can be the answer they are looking for.



