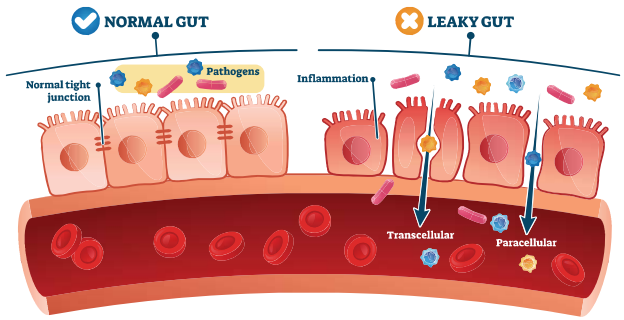
+FIBER
and Gut Health



The human gut is the doorway through which most heavy metals and toxins are leaked into the bloodstream.

Small fissures in the 1 to 2 cell-thick gut lining can allow toxins to move into the bloodstream unimpeded, a condition known as “Leaky Gut.”



+Fiber addresses this condition directly by limiting the toxins that are absorbed into the gut and by fixing the leaks.

+Fiber is designed to promote colon health through reduction of negative bacteria and yeast, promotion of healthy bacteria, removal of heavy metals and toxins, promotion of gut lining repair, slower sugar absorption, and nutrition management. Using +Fiber before the two largest meals of the day, binds up the toxins, making the detox process more efficient, and also promotes a feeling of fullness, helping you to choose to eat less.

+Fiber has no fillers or token ingredients, only active ingredients.



+FIBER ingredients

First pass activated clinoptiilolite, which is clinoptilolite that has been cleaned and activated, but is larger than 5 microns, keeping its detox benefits in the intestinal tract.

Inulin, a sugar that thinks it's a fiber but cannot be broken down and provides energy to probiotic bacteria, is the primary energy source fueling aerobic fiber consumption and the production of butyrates, which are important to fixing the leaky gut.

Innulin will only feed probiotic bacteria, and over time starves out anaerobic and facultative bacteria.

It also forms a matrix that binds with the bile from the gall bladder/liver, removing the bile and its attached toxins, eliminating them from the body. The removal of the bile promotes healthy cholesterol and triglyceride levels.

+Fiber contains three **whole food fibers**: Apple pectin, oat fiber and carrot fiber, all of which provide a source of postbiotic production, which is important to gut health.

The gut bacteria uses each kind of fiber to produce a different butyrate compound. These three forms of butyrates help seal the fissures creating leaky gut.

Monkfruit, as a sweetener, and **orange powder** to provide true orange flavor.

Sodium bicarbonate, a buffering agent used to extend the absorption time of food into the blood stream.

Butyrate is produced when "good" bacteria in your gut help your body break down dietary fiber in your large intestine.

It plays an important role in digestive system health by providing the main energy source for your colon cells; it meets about 70% of their energy needs.

It may provide other health benefits too, including supporting a healthy immune system and reducing inflammation.