



THE AVINI *Advantage*

OCTOBER 2023 EDITION



AVINI HEALTH®

ADVANCES IN NATURAL HEALING



Message from Neil Roth, CEO

"It means we are one step closer to continue to manage our future growth."

Heading to the Future

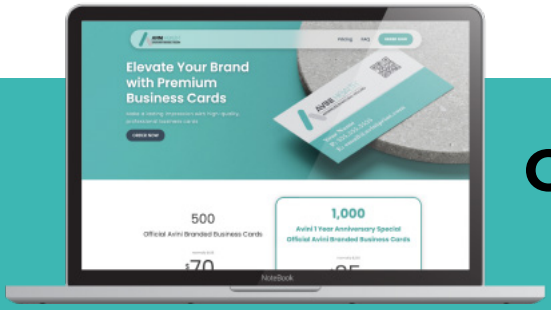
For the last few months, we have been talking about all the future happenings at Avini Health! Well, this month, the future has arrived!

We are fully ensconced in our new 18,504 sq. ft. facility and we have been manufacturing and shipping for the last two weeks from there. The last of our new packing machines, the powder line, went live on 10/5. What does this mean for our Distributors? It means that we can increase our sales exponentially and never have to fear keeping up with your needs. It means we can add items, such as individual packs for Plus Fiber and TrimScience over the next few months. It means that we can manage our costs, so that unlike the rest of the world, we don't foresee price increases in the near future. It means we are one step closer to continue to manage our future growth!

The future will also arrive at the Las Vegas Summit at the Horseshoe Las Vegas on April 26th and 27th when we present new items, new marketing materials and more science than ever before. Those who come to Vegas will see their business skyrocket into that future.

We look forward to seeing all of you there!

Neil Roth



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includes FREE shipping

$85 for 1000
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AVINI +FIBER

Much More than Just a Digestive Aid



When most people think about fiber supplementation, they only think about digestive motility and going to the bathroom. This is a very narrow understanding of what fiber is, where we get fiber in our diet and the amazing benefits of a high fiber diet from multiple sources.

Fiber encompasses an array of substances indigestible by the human intestine; whereas proteins, fats and carbohydrates are usually digested easily and almost entirely absorbed in the small intestine. Dietary fiber consists of 'insoluble' and 'soluble' components. It's important to note that, in this case, solubility denotes the fiber's ability to be soluble in acid – not water. This means that the fiber can be at least partially broken down in stomach acid.

We get fiber from fruits, vegetables, nuts and beans (legumes), as well as from grains. Different fibers do different things and may aid the body in many different ways. Insoluble fiber is found in fruits, vegetables and some nuts and beans. It forms the tough, chewy texture of foods like wheat kernels, nuts and popcorn and is found mainly in the cell walls in the form of strands that give support to plant tissue. Insoluble fiber adds bulk to the stool and may aid in overall digestive health and



digestive motility. Insoluble fiber can also act like a scrub brush, cleaning the intestinal tract as it moves along. Soluble fibers are found in grains and legumes and give the mushy texture to certain cereals. Soluble fibers can draw water to themselves (hydrophilic). They can also form jelly-like masses that act partially as solids. Soluble fibers help reduce bowel transit time and have a lubricating effect on the intestine. Additionally, soluble fibers may help reduce cholesterol levels by preventing the reabsorption of bile acids from the small intestine. To replace the lost bile acids, cholesterol is drawn from the body, thereby reducing its cholesterol supply. In a further mechanism of cholesterol reduction, the fermentation process in the intestine produces short-chain fatty acids that can block the body's synthesis of cholesterol. There is also evidence to suggest that soluble fibers may help slow the absorption of glucose in the gastrointestinal system. Avini's Plus Fiber is a special fiber complex of Fibersol (digestion-resistant maltodextrins), oat fiber, apple fiber, carrot fiber, Fructo-Oligosaccharide (Inulin from chicory) and guar gum. The product also contains sodium bicarbonate and Detoxolite (micronized and activated zeolite), is naturally flavored with orange powder and naturally sweetened with monkfruit.



Taking Avini Plus Fiber about 15 minutes before meals will yield the best benefits. The fiber will go into the stomach, where it forms a gel fiber matrix. This can help curb your appetite by giving you a pleasant, full feeling. As you eat your meal, your food will move into your intestinal tract at the same time as the gel fiber matrix. Bile salts and bile acids are produced by the liver and help in the digestion of your food. Normally, those bile products are reabsorbed from the digestive tract, where they go into the liver and are used in the production of new cholesterol. When the gel fiber matrix is in your digestive tract, it can trap those bile products (bile acid sequestration). This prevents the reabsorption of the bile products and thereby prevents the creation of new cholesterol. Food will also move into and out of the gel fiber matrix, but will not be trapped. This whole process delays the absorption of your food (delayed gastric emptying). This means that your food is absorbed slower over a longer period of time. This has the effect of providing higher nutrient value from your meal and prevents spikes in blood sugar levels. Over time, this will help stabilize blood sugar and has been shown clinically to reduce HbA1c, which is a measure of your average blood sugar levels over a three-month period. The inulin fiber in the product acts as a potent prebiotic. This feeds healthy microbes in the digestive tract to balance intestinal flora. This greatly prevents any gas or bloating that many people experience when using fiber products. Adding sodium bicarbonate aids in making the gel fiber matrix larger, increasing its ability to trap bile products. This is also the ONLY fiber product in the world that contains our Detoxolite micronized and activated zeolite. The Detoxolite further aids in improving the health of the digestive tract by removing toxins and heavy metals. It also acts as a nutritional enabler by removing toxins that compete for absorption with healthy compounds and minerals.

Avini Plus Fiber is, by far, the best fiber supplement on the market. Healthy digestive function, lower cholesterol, appetite control, stabilized blood sugar, removed toxins and improved cardiovascular health, all in a delicious zero-calorie drink. ENJOY!

Remember to register for the National Summit in Las Vegas, NV



DATE:
FRIDAY, APRIL 26TH-
SATURDAY, APRIL 27TH

PLACE:
HORSESHOE LAS VEGAS



Are you ready to rock and roll in Las Vegas?

We sure are!

We're thrilled to announce that the Avini Health National Summit is coming to the Horseshoe Las Vegas, on April 26th and April 27,th and you won't want to miss it.

Join us for two days of education, motivation, and inspiration to take your business and health to new heights. This year's Summit is going to be extra special as we've secured the Horseshoe Las Vegas! It's the perfect backdrop for our event, as we gather to connect, learn, and grow together.

You'll have the opportunity to meet and network with Avini Health leaders and other professionals who share your passions and vision. Learn from the best in the industry, gain insights, and build relationships that will last a lifetime.

Don't wait – get your tickets now for the Avini Health National Spring Summit at the Horseshoe Las Vegas. We can't wait to see you there, ready to rock and roll!

DISTRIBUTOR *Success*



Top 10 Enrollers of October

1. Jason Chase - Enrolled 9
2. Lisa Brandon - Enrolled 8
3. Tatyana Vlachos - Enrolled 7
4. Lori Lane - Enrolled 7
5. Slade Lovejoy - Enrolled 6
6. Diane Rossow - Enrolled 6
7. Lauri Brown - Enrolled 6
8. Scotty Krabler - Enrolled 5
9. Steve Koochin - Enrolled 5
10. Julie Abdou - Enrolled 5

Distributors that were promoted in RUBY



RUBY EXECUTIVE

Pamela Hoelscher, MT



RUBY DIRECTOR

Mary Ann Holda, VA



RUBY APPRENTICE

Grace Belair, MT



RUBY APPRENTICE

Karen Lorraine Morris, AK



RUBY APPRENTICE

Robin Blanc, MT

Distributors that were promoted in SAPPHIRE

Guy Danowski, MI - Sapphire Executive
Cindy Phillips, CA - Sapphire Director
Elisabeth Skogen, MT - Sapphire Director
Theresa Wing, TN - Sapphire Director
David & Pat Sitko, ON - Sapphire Apprentice
Julie Phillips, MI - Sapphire Apprentice
Logan Roe, MI - Sapphire Apprentice
Loreena Kitching, SK - Sapphire Apprentice
Yarrow Dankert, NM - Sapphire Apprentice

Distributors that were promoted in GOLD

Ben Callandt, GA - Gold Executive
Dorothy Carter, AL - Gold Executive
Gail Braxton, VA - Gold Executive
Jason Chase, CA - Gold Executive
Joe Reeves, NE - Gold Executive
Lemuel Bach, CA - Gold Executive
Lisa Brandon, CA - Gold Executive
Marcia Berry, CA - Gold Executive
Sarah Graham, ID - Gold Executive
Steve Koochin, CA - Gold Executive
Ann Pena, OR - Gold Director
Daphne Bach, CA - Gold Director
Jack Tuuk, MI - Gold Director
Kari Roper, OR - Gold Director
Scotty Krabler, MT - Gold Director
Stephanie Cook, UT - Gold Director
Mark Hofhine, ID - Gold Apprentice

Distributors that were promoted in SILVER

Analicia Lowe, MT - Silver Executive
Ann Szaur, HI - Silver Executive
Antoinette Travers, NC - Silver Executive
Callie Miller, CA - Silver Executive
Cam Loken, OR - Silver Executive
Jeff Lovell, MI - Silver Executive
Joginder Chana, VA - Silver Executive
Justin Bobrowski, WA - Silver Executive
Kim Goss, GA - Silver Executive
Lisa Brandon, - Silver Executive
Majed Wazni, MI - Silver Executive
Rober Parrish, GA - Silver Executive
Roger Murri, ID - Silver Executive
Shelley D'Aoust, ON - Silver Executive
Sonja Morton, OR - Silver Executive
Tatyana Vlachos, CA - Silver Executive
Tristin Lowe, MT - Silver Executive
Tykie Rodriguez, CA - Silver Executive
Clint Safarik, WA - Silver Director
David Itkow, AZ - Silver Director
Dr Gary Barnette Nd, CA - Silver Director
Gail Zollo, AL - Silver Director
Gregory Crofoot, UT - Silver Director
Jolene Hoffman, CO - Silver Director
Kimberly Hill, HI - Silver Director
Renae Kiefer, WY - Silver Director
Wilford Rice, UT - Silver Director
Andrea Mabra, WA - Silver Apprentice
Blake & Lori Thomas, ID - Silver Apprentice
Carol Ekelem, ID - Silver Apprentice
Christiana Hernandez, WY - Silver Apprentice
Frank Sanchez, CA - Silver Apprentice
Holly Wagner, CO - Silver Apprentice
Joelle Gendron, QC - Silver Apprentice
Jovita Molina, CA - Silver Apprentice
Keisha Piper, CA - Silver Apprentice
Rich Versolenko, OR - Silver Apprentice
Susan Santistevan, CO - Silver Apprentice
Udana Power, CA - Silver Apprentice

Message from
Douglas Dickey, VP of Sales



Your story is the key to your success.

Distributors often ask me what they should say when talking about Avini Health. I tell them you should share your story of how you found Avini, what products you used and even what your results are. If they have interest in what you're saying, you can use the app to send a video or put them on a 3-way call with another person who has experienced Avini Health's products.

It's been seventeen months since we started our Network Marketing (share with others and get paid) Company. As we make our way through the end of October, our distributors are doing very well with sharing Avini Health and the incredible products to new prospects. Our company growth has been consistent, and the balance of new distributors to new customers is close to one to one. Avini Health is on track to grow at an amazing rate into the next year, increasing its momentum of growth. For those who have experienced life changing results from using our products, they have become highly motivated to share their testimony of the products with others hoping they might have similar benefits as them. Some have favorite products that mean the world to them. Some are full-time in the business aspect.

As an added incentive for our distributors to share the products, our compensation plan is cooperative in structure (your efforts help others) and was designed to help new distributors to quickly recoup their initial purchase by sharing with just three others who repeat what they did. Our ability to share with others directly or send information and testimonials about Avini Health products through our free app makes it simple and duplicatable to get the information out. Most have no idea that toxins are so widespread in our lives and are linked to almost all health conditions we suffer from. They also have no idea Avini Health has a proven safe and effective answer to the removal of these toxins.

Avini Health is focused on impressing to Distributors and Customers the importance of sharing with others their story of Avini Health and their and others' results of using our products. The best way to share another person's testimony is to send a video to your prospect along with Rik Deitsch's video introducing the products so they can hear the information first hand. This is important for compliance and is more valuable to the prospect to make a decision to get in a position to try the products. Our videos are genuine, and prospects recognize immediately the value of what they are watching. The next step is to answer any questions, as most are unaware of this technology and are skeptical. I suggest putting them on a call with an upline distributor who knows the information. There are many that are available full-time. Many studies and papers are available to help answer their questions. Even with all of their questions answered, it will still take them making the decision to try for themselves so they may know that the products work for them. This process is the hallmark of our company and the distribution model we love. Our influence is one of the most valuable things we hold. This technology that Rik Deitsch has provided us with must get out to everyone we know, and it is our influence that will change lives for the better.

May your sharing and caring for others change the world. Someone cared enough to share Avini Health and Rik's products with us, so we must continue this process until everyone is aware of what we have. Continue to care for others and thanks for being the best part of Avini Health.

Sincerely yours,

Douglas Dickey

Doug Dickey, VP of Sales

AVINI HEALTH®
ADVANCES IN NATURAL HEALING