

The Diabetes Dilemma

COSTS

as a
BARRIER TO HEALTHCARE

57%

of educators reported their patients **don't take their medications at all.**



Inside Rx[®]

Inside Rx polled 300 Diabetes Educators attending the American Association of Diabetes Educators (AADE) Annual Conference in August 2019.

Those polled said they frequently deal with persons living with diabetes who are struggling with the high costs of medications. The first decision a diabetes educator makes when working with patients who are ineligible for certain savings programs, like manufacturer coupons or patient assistance, is recommend they search for a prescription drug discount card like Inside Rx.

While the affordability issue was exponentially pronounced, even more concerning were the revelations regarding the risky actions persons living with diabetes are taking when they struggle to pay for their medications. Nearly two-thirds of educators report that their patients admit they ration their medications through actions like cutting their tablets or decreasing their insulin-dosage, practices that can be potentially risky and dangerous. These actions can result in a number of potential health complications from suboptimal medication and insulin therapy.

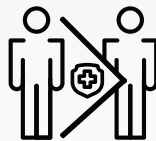


The Inside Scoop

73% of diabetes educators report they encounter at least one person a week who can't pay/afford their diabetes medications.



Estimated Total Costs
of Diagnosed Diabetes
\$327 Billion



Healthcare Costs for People
with Diagnosed Diabetes are
2.3x Greater
Than People Without Diabetes



Medical Expenditures of
People Living with Diabetes
\$16,752/Year



The Inside Scoop

According to diabetes educators, **one-in-five** in their care need help paying for their diabetes medications.



The number of people without health insurance increased to **28 Million**

<https://www.census.gov/library/publications/2019/demo/p60-267.html#:~:text=In%202018%2C%208.5%20percent%20of,7.9%20percent%20or%2025.6%20million>



Of people who were insured continuously, an estimated **44 Million Were Underinsured** because of high out-of-pocket costs & deductibles

www.commonwealthfund.org/publications/issue-briefs/2019/feb/health-insurance-coverage-eight-years-after-aca

Cost of diabetes care in the US:



67.3%
Govt Insurance



30.7%
Private Insurance



2%
Uninsured

www.diabetes.org/resources/statistics/cost-diabetes, 2017



The Inside Scoop

The number one concern diabetes educators hear from their patients is their inability to afford their diabetes medications and supplies (60%). Ninety-seven percent of diabetes educators take steps to help their patients afford their diabetes medications. The first action the majority (53%) take is to find a discount card like Inside Rx.



30 Million Americans are living with Diabetes

www.diabetes.org/resources/statistics/cost-diabetes, 2017



84 Million Americans have Pre-Diabetes

www.diabetes.org/resources/statistics/cost-diabetes, 2017



The Inside Scoop

According to diabetes educators, the first steps those with diabetes take when they can't afford their medications is to ration them (65%) or not take them at all (57%). Not taking diabetes medications can lead to kidney damage and the need for dialysis treatments, eye damage and potential blindness, as well as an increased risk for heart disease or stroke.



People without insurance visit the ER **168% More** than those with insurance
www.diabetes.org/resources/statistics/statistics-about-diabetes, 2017



Diabetes remains the 7th leading cause of death in the US with **79,535 Deaths** listing it as the underlying cause of death
www.diabetes.org/resources/statistics/statistics-about-diabetes, 2017

About Inside Rx®

Powered by Express Scripts®, one of the nation's largest pharmacy benefit managers, Inside Rx is a prescription drug discount program designed for consumers who pay 100% out of pocket for medications.

With a mission to make prescription drug care affordable to all, Inside Rx leverages the power of Express Scripts to negotiate discounts with pharmaceutical manufacturers and retail pharmacies.

Inside Rx provides access to affordable medications through a simple, transparent and personalized experience that lets consumers pay the lowest price possible for medications they may need for every member of the family, including pets.

Putting medicine in reach for self-pay consumers.



Search for Savings

Find the biggest savings on medications for your family or your pets at over 60,000+ pharmacies in the U.S. and Puerto Rico!



Download FREE Card

See if you can enjoy instant savings! No registration and it's 100% free! Show your new card at any of the 60,000+ participating pharmacies nationwide, including home delivery.



Enjoy Healthy Savings

With discounts on medications for people and pets, see if you can save for peace of mind and a bigger piece of your budget!

These are the problems some of your patients might be facing.

Help us change the statistics.

**Order FREE savings cards for your patients at
[InsideRx.com/educators](https://www.insiderx.com/educators)**