

ARE YOU *first aid* READY?

A first aid kit is an essential item for the home, workplace and vehicles.

Check the contents of your kit regularly and ensure that:

- | | |
|------------------------------------------------------|-------------------------------------------------------------------|
| <input type="checkbox"/> Items have been cleaned | <input type="checkbox"/> Items have not exceeded expiry dates |
| <input type="checkbox"/> Packets are properly sealed | <input type="checkbox"/> Previously used items have been replaced |

BASIC FIRST AID KIT ITEMS

- Non-stick wound dressings
- Adhesive strips e.g., bandaids
- Combine & eye pads
- Gauze swabs
- Alcohol & antiseptic swabs
- Triangular bandages
- Crepe bandages
- Disposable hand towels
- Stainless steel scissors
- Blunt-nosed shears
- Saline solution
- Safety pins
- Plastic bags
- Stainless steel tweezers
- Thermo/shock blanket
- Notepad & pencil
- Disposable nitrile gloves
- Bite & itch relief gel
- Cold pack (disposable)
- CPR protection mask

ADDITIONAL PRODUCTS

- Antiseptic cream
- Laxatives
- Analgesic tablets
- Allergy preparations
- Anti-nausea preparations
- Anti-diarrhoea preparations
- Sunscreen, sunburn-relief
- Ear ache drops
- Eye drops
- Cotton buds
- Fingers stalls
- Medicine measuring cup
- Thermometer
- A blue asthma inhaler (if permitted)

■ In a medical emergency, call Triple Zero (000)

**■ DRSABCD: Danger - Response -
Send for help - Airway - Breathing - CPR
- Defibrillation**

If you have an acute wound such as a minor burn, skin tear, laceration, abrasions, or a post-operative wound, your 777 Pharmacist is here to support you.

