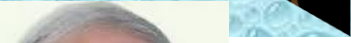


AYURVEDA CONFERENCE

SEPT 14 AND 15, 2019 (SAT & SUN)

INVITED EXPERTS



Prof Dr. Avinash Lele: ViceChairman, International Academy of Ayurveda. Ayurvedic surgeon and panchakarma and marma therapy specialist who runs the 'Atreya Rugnalaya' clinic in Pune, India. He is the ex-principal of Ayurved College at Hadapsar and is the author of several articles and books including Panchakarma and Ayurvedic Massage, and Secrets of Marma. He is a visiting professor at various schools worldwide including Harvard medical school and the New England Institute of Ayurvedic Medicine in Boston. U.S.A. He is the founder of "Ayurmol" Ayurved Institute, Munich and "Ayata Ayurveda" at Karlsruhe, Germany.

Dr. Jose Rugue Jr, Md: Post graduated in Clinic and Intensive Care at the University of Sao Paulo - Brazil; Ayurvedic and Panchakarma post graduation in Pune - India; Acharya of Suddha Dharma Mandalam International in many countries. President of Sri Vajera Foundation and Chairman of Kalaysa Ayurvedic Clinic in Brazil, Argentina, Canada, Italy and Portugal. Provide Ayurvedic and Yogic training Courses in various cities in Brazil, Argentina, Canada, Italy and Portugal ...

Dr Suhas Kshirsagar, Bams, Md is one of the most academically accomplished Ayurvedic Physicians in the US. ...He is Lead faculty at several Ayurvedic institutions, worldwide, is Lead Formulator of Zrii & NutriiVeda, Ayurvedic Consultant, Faculty: [Chopra Center](#) for Well-being. He is a motivational speaker, presenting Ayurvedic Wisdom and sharing stage with Deepak Chopra, Tony Robbins, Wayne Dyer, Dr. Oz and many other leaders in the field.

Manoj Nesari Advisor, Ministry Of Ayush, Government Of India development of pharmacopoeia monographs for standards of ayurvedic (indian traditional medicine) herbal drugs (single plant and compound formulations), developing ayurveda related technical guidelines, developing accreditation standards for hospitals and other service sector, policy planning, international co-operation etc.

Dr. Bharati Lele, M. D. (Ayurveda) Ex-director : International Academy of Ayurveda, Ayurvedic Clinician with vast experience in several countries. Specialist in 'Mantra Chikitsa'. International Speaker on different Ayurvedic subjects

Sat Sept 14: 8:30 am to 5:00 pm: Daylong Seminar

Seminar Theme: Ayurveda and Modern Healthcare Practices

**Venue: Woodland Commons, University of Massachusetts,
285 Old Westport Rd, North Dartmouth, MA 02747.**

The Topics discussed: Ayurvedic Diagnostic Methods, Marma Chikitsa: Massage therapy, Mantra Therapy, Ayurveda and Spices, Standardization of Ayurvedic Medicines

Registration Fee: \$20 till Sept 08, \$30 after that; (includes simple veg. lunch, snacks, tea-coffee etc).

Healthcare-givers will be given preference. **Register Online: www.vedantapro.org**

Sunday, 15th September

Part I at List Art Building [Brown University, Providence.](#) 11 am-3:00 pm

THEME: **Ayurveda: Holistic Approach To Mental And Physical Health**

11:10 -Noon: **How Ayurveda Helps Mindfulness** -Dr. Avinash Lele

12:00-1:00 pm: **The Science Of Health & Happiness**- Suhas Kshirsagar

1:00-2:00 pm: LUNCH (Will be provided in the lobby); **Dr. Bharati Lele will speak about Ayurveda Food**

2:00-3:00 pm: **'Ayurveda Unveiled' – A DVD Presentation - Gita Desai**

Part II At Vedanta Society Of Providence. 4:30 – 6:00 Pm

Management of Psychiatric problems: Avinash Lele

Management of Neurological Problems: Jose Rugue

Ayurveda in Increasing Environmental Pollution: Manoj Nesari



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