30 Duas

for Everyday Life

Supplications for waking, eating, travelling, prayer, the home, and more

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Before Eating

بِسْمِ اللّٰهِ وَعَلٰى بَرَكَةِ اللّٰهِ

In the name of Allah and upon the blessings of Allah.

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When Forgetting to Recite the Dua Before Eating

بِسْمِ اللّٰهِ أَوَّلَهٗ وَآخِرَهٗ

In the name of Allah in the beginning and the end.

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After Eating

اَلْحَمْدُ لِلّٰهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِينْ

All praise be to Allah who gave us food and drink and made us Muslims.

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Before Sleeping

اَللّٰهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

O Allah, with Your name do I die and live.

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When Awakening

اَلْحَمْدُ لِلّٰهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

All praise is due to Allah who has given us life after death and to Him is the return after death.

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Before Entering Toilet

اللّٰهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

O Allah, I seek Your protection from the male and female Devil.

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After Leaving Toilet

غُفْرَانَكَ اَلْحَمْدُ لِلّٰهِ الَّذِيْ أَذْهَبَ عَنِّي الْأَذٰى وَعَافَانِي

I seek Your pardon. Praise be to Allah who removed from me discomfort and gave me relief.

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For Drinking Milk

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَزِدْنَا مِنْهُ

O Allah, grant us blessings and abundance in it (the milk).

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When Entering the Musjid

اَللّٰهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

O Allah, open for me the doors of Your mercy.

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When Leaving the Musjid

اَللّٰهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ وَرَحْمَتِكَ

O Allah, verily I seek from You, Your bounty.

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For Increase in Knowledge

رَبِّ زِدْنِي عِلْمًا

◆

O my Lord, increase me in knowledge.

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When Getting into a Vehicle

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

All praise be to Allah, Glory be to Allah who has put this (vehicle) under our control though we were unable to control it. Surely, to our Sustainer are we to return.

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When Looking into the Mirror

اَللّٰهُمَّ أَنْتَ حَسَّنْتَ خَلْقِي فَحَسِّنْ خُلُقِي

O Allah, You have beautified my body, so do beautify my character.

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After Eating at an Invitation

اَللّٰهُمَّ أَطْعِمْ مَنْ أَطْعَمَنِي وَاسْقِ مَنْ سَقَانِي

O Allah Azzawajal, feed him who fed me and give him to drink who gave to drink.

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At the Time of Receiving a Gift

بَارَكَ اللّٰهُ فِي أَهْلِكَ وَمَالِكَ

May Allah Almighty bless your family.

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When Drinking Zamzam Water

اَللّٰهُمَّ إِنِّيْ أَسْأَلُكَ عِلْمًا نَّافِعًا وَّرِزْقًا وَّاسِعًا وَّشِفَاءً مِّنْ كُلِّ دَاءٍ

Allah Azzawajal, I ask You for beneficial knowledge, increase in provision, and cure from illness.

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When in Financial Difficulty

اَللّٰهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ وَأَغْنِنِي بِفَضْلِكَ عَمَّنْ سِوَاكَ

O Allah, provide me lawful livelihood, adequate to my needs instead of an ill-gotten one, and grant me freedom from need for anything from anyone besides Yourself.

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On Seeing the New Moon

اَللّٰهُمَّ أَهِلَّهٗ عَلَيْنَا بِالْيُمْنِ وَالْإِيمَانِ وَالسَّلَامَةِ وَالْإِسْلَامِ وَالتَّوْفِيقِ
لِمَا تُحِبُّ وَتَرْضٰى رَبِّي وَرَبُّكَ اللّٰهُ

O Allah, let this new moon appear to us with prosperity, faith, safety and Islam and with the hope of success to do deeds which You would like and approve of. My Lord and your Lord (O Moon!) is Allah.

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Dua for Protection Against Harm and Injury

Recite three times, morning and evening

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ

وَهُوَ السَّمِيعُ الْعَلِيمُ

In the name of Allah, through whose name nothing in the heavens or earth can cause any harm. And He is the One who hears and knows everything.

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When Visiting the Sick

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللّٰهُ اَللّٰهُمَّ اشْفِهِ اَللّٰهُمَّ عَافِهِ

Do not despair, it is a cleansing from sins if Allah wills; O Allah, grant him cure and peace.

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When Seeing a Muslim Laugh

أَضْحَكَ اللّٰهُ سِنَّكَ

May Allah grant you lifelong happiness.

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Duaa for Bad News

إِنَّا لِلّٰهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ

Surely we belong to Allah and to Him is our return.

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When Entering a Cemetery

اَلسَّلَامُ عَلَيْكُمْ يَا أَهْلَ الْقُبُورِ يَغْفِرُ اللّٰهُ لَنَا وَلَكُمْ أَنْتُمْ سَلَفُنَا وَنَحْنُ بِالْأَثَرِ

O dwellers of the graves, peace be upon you. May Allah Azzawajal forgive us and you. You reached before us, and we will follow behind you.

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When Seeing Someone in Distress

Say softly

اَلْحَمْدُ لِلّٰهِ الَّذِي عَافَانِي مِمَّا ابْتَلَاكَ بِهٖ وَفَضَّلَنِي عَلَى كَثِيرٍ
مِّمَّنْ خَلَقَ تَفْضِيلًا

All praise is due to Allah who granted me safety from what He has afflicted you with and He has conferred on me special favors above a great part of His creation.

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Before Performing Wudu

بِسْمِ اللّٰهِ وَالْحَمْدُ لِلّٰهِ

Allah Azzawajal, in the name of the Most Affectionate, the Merciful.

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Whilst Making Wudu

اَللّٰهُمَّ اغْفِرْ لِي ذَنْبِي وَوَسِّعْ لِي فِي دَارِي وَبَارِكْ لِي فِي رِزْقِي

O Allah, forgive my sins and grant me abundance in my home and blessings in my livelihood.

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After Wudu

أَشْهَدُ أَنْ لَّا إِلٰهَ إِلَّا اللّٰهُ وَحْدَهٗ لَا شَرِيكَ لَهٗ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهٗ وَرَسُولُهٗ اَللّٰهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

O Allah, make me of the repenters and make me of the purified.

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Dua After Azan

اَللّٰهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ الْقَائِمَةِ آتِ سَيِّدَنَا مُحَمَّدَنِ الْوَسِيلَةَ وَالْفَضِيلَةَ وَالدَّرَجَةَ الرَّفِيعَةَ وَابْعَثْهُ مَقَامًا مَّحْمُودَنِ الَّذِي وَعَدْتَّهٗ وَارْزُقْنَا شَفَاعَتَهٗ يَوْمَ الْقِيَامَةِ إِنَّكَ لَا تُخْلِفُ الْمِيعَادَ

O' Allah! The Sovereign Lord of the ever-establishing prayer and of this perfect call, grant our leader Prophet Muhammad (Peace be Upon him) "Al-Waseelah" (the loftiest position of intercession) and "Al-Fadeela" (the Singular Fee excellence), and the highest rank and elevate him to "Maqaam-e-Mahmood" (an exclusively praise-worth primacy reserved only for the Holy Prophet) and bless us with intercession on the Doomsday. Undoubtedly, You do not do anything against Your promise.

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When Entering the Home

اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ الْمَوْلِجِ وَخَيْرَ الْمَخْرَجِ بِسْمِ اللهِ وَلَجْنَا
وَبِسْمِ اللهِ خَرَجْنَا وَعَلَى اللهِ رَبِّنَا تَوَكَّلْنَا

O Allah, I ask of You the blessings of entering the home and the blessing of leaving. In the name of Allah, we leave and enter the home and upon Allah, our Sustainer, do we rely and depend.

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When Leaving Home

بِسْمِ اللّٰهِ تَوَكَّلْتُ عَلَى اللّٰهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللّٰهِ

(I leave) with the name of Allah; I rely on Allah; there is no power to do any good, nor any power to abstain from evil except with the help of Allah.

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