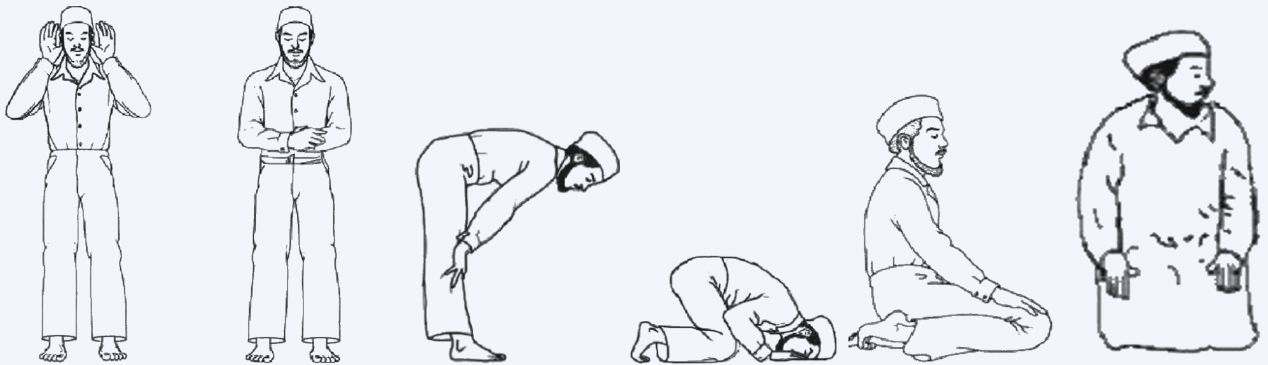


**ISLAMIC LIFE &
EDUCATION**
— ONLINE ISLAMIC ACADEMY —

Namaz Lesson

for Boys



1

POSTURE 1 • TAKBEERAT

Takbeer E Tahreema



Instructions:

Bring hands, palms open, up to ears, and place thumbs behind earlobes, and say

TAKBEER

اللهُ أَكْبَرُ

— ♦ —
Allah is the Greatest

2

POSTURE 2 · AL-QAYYAM

Sana



Recitation:

SANA

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ
وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ
وَلَا إِلَهَ غَيْرُكَ

— ♦ —
*O Allah, Glorified, praise-worthy.
and blessed is Thy Name and exalted Thy Majesty.
and there is no deity worthy of worship except thee.*

3

AL-QAYYAM

Ta'awwuz & Tasmiyah



Recitation:

TA'AWWUZ

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek refuge in Allah for the rejected Satan

TASMIYAH

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allah, the Beneficent, the Merciful

After this recite the opening Surah, Al-Fátihah:

4

RECITATION

Surah Al-Fátihah

SURAH AL-FÁTIHAH

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ
الرَّحْمَنِ الرَّحِيمِ
مَلِكِ يَوْمِ الدِّينِ
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ
إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ
غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ
آمِينَ



*Praise be to Allah, Lord of the worlds
The Beneficent, the Merciful
Master of the Day of Judgement
Thee alone we worship and to thee alone we turn for help
Guide us in the straight path
The path of those whom You favored
and who did not deserve Thy anger.
Or went astray.*

5

RECITATION

Surah Al-Ikhlás



Recitation:

Recite this Surah or Any other Surah

SURAH AL-IKHLÁS

قُلْ هُوَ اللَّهُ أَحَدٌ

اللَّهُ الصَّمَدُ

لَمْ يَلِدْ وَلَمْ يُولَدْ

وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

— ♦ —

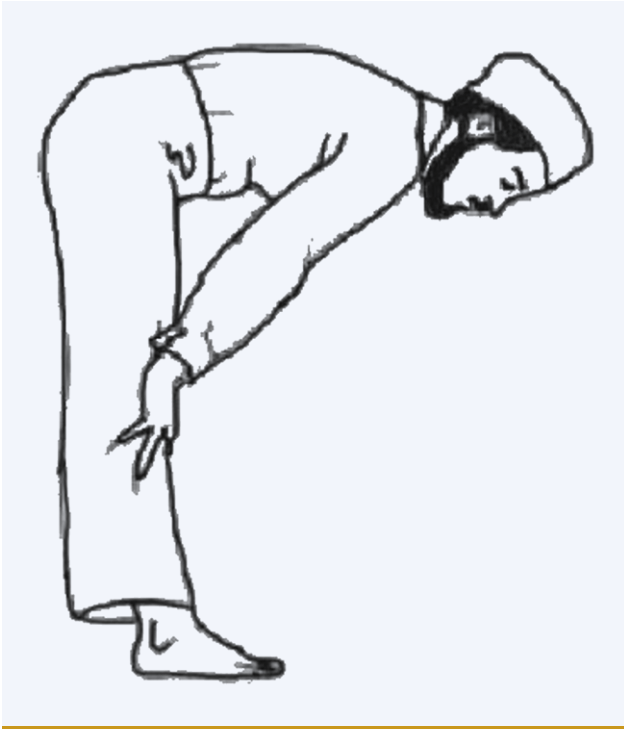
*Say: He is God, The One and The Only. God, the Eternal,
Absolute;*

*He begetteth not, Nor is He begotten;
And there is none Like unto Him.*

6

POSTURE 3 • RUKU

Ruku



Instructions:

Bend down at waist, placing palms of hands with fingers spread over knees. Back is parallel to ground, such that if a glass of water were on the back, it would not spill. Eyes looking down, directly ahead.

As bending at the waist, recite

TAKBEER

اللَّهُ أَكْبَرُ

— ◆ —
Allah is the Greatest

Then 3 Times

TASBEEH OF RUKU

سُبْحَانَ رَبِّيَ الْعَظِيمِ

— ◆ —
Glory to my Lord, the reatest

7

POSTURE 4 • QAYYAM

Tasmee' & Tahmeed



Instructions:

While rising from the bending position of Ruku', recite

T A S M E E '

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Allah has heard all who praise Him

T A H M E E D

رَبَّنَا لَكَ الْحَمْدُ

Our Lord: Praise be to Thee

Then return to standing position, arms at side

Recitation

T A K B E E R

اللَّهُ أَكْبَرُ

Allah is the greatest

8

POSTURE 5 • SAJJDAH

Sajdah



Instructions:

Go down to a kneeling position by placing both hands on knees, lowering oneself slowly and easily onto knees, then touch the head upon the ground so that the following seven body parts are in contact: forehead, two palms, two knees, toes of both feet

Recitation

Recite 3 Times

TASBEEH OF SAJJDAH

سُبْحَانَ رَبِّيَ الْأَعْلَى

— ♦ —
Glory to my Lord, the most high

9

POSTURE 6 • TASHAHHUD

Jalsa



Reciting

TAKBEER

اللَّهُ أَكْبَرُ



Allah is the greatest

Rise from the SAJJDAH position, and assume the sitting posture shown to the left.

Recitation

Then recite

TAKBEER

اللَّهُ أَكْبَرُ



Allah is the greatest

And then assume SAJJDAH position on

10

POSTURE 7 • SAJJDAH

Second Sajdah



Instructions:

Go down to a kneeling position by placing both hands on knees, lowering oneself slowly and easily onto knees, then touch the head upon the ground so that the following seven body parts are in contact: forehead, two palms, two knees, toes of both feet

Recitation

Recite 3 Times

TASBEEH OF SAJJDAH

سُبْحَانَ رَبِّيَ الْأَعْلَى

— ♦ —
Glory to my Lord, the most high

11

POSTURE 8 • QUOOD

Qa'dah / Tashahhud

Instructions:

If the required number of Rakats is but two, the Salat would proceed to the next recitation



Recitation

TASHAHHUD

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ
السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ
وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ
السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ
أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

TRANSLATION

All prayers and worship through words, action and sanctity are for Allah only.

Peace be on you, O Prophet.

And Mercy of Allah and His blessings.

Peace be on us and on those who are righteous servants of Allah.

I bear witness to the fact that there is no deity but Allah.

I bear witness that Muhammad is His slave and messenger

Instructions:

In the three raka'at (i.e. Maghrib) or four raka'at (Like Zuhr, 'Asr and 'Ishá) Saláh you stand up for the remaining raka'at after Tashahhud. On the other hand if it is two raka'at (Fajr) Saláh, keep sitting and after this recite Darud (blessing for the Prophet) in these words:

12

POSTURE 8 • QUOOD

Durood Ibrahim

Recitation



اَللّٰهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى اٰلِ مُحَمَّدٍ
كَمَا صَلَّيْتَ عَلَى اِبْرٰهِيْمَ وَعَلَى اٰلِ اِبْرٰهِيْمَ
اِنَّكَ حَمِيْدٌ مُّجِيْدٌ
اَللّٰهُمَّ بَارِكْ عَلَى مُحَمَّدٍ
وَعَلَى اٰلِ مُحَمَّدٍ
كَمَا بَارَكْتَ عَلَى اِبْرٰهِيْمَ وَعَلَى اٰلِ اِبْرٰهِيْمَ
اِنَّكَ حَمِيْدٌ مُّجِيْدٌ



O Alláh, exalt Muhammad and the followers of Muhammad

As thou did exalt Ibrahim and his followers

Thou art the praised, the Glorious

O Alláh, bless Muhammad

and his followers

as Thou has blest Ibrahim and his followers

Thou art the Praised, The Glorious

13

POSTURE 8 • QUOOD

Dua



Recitation

D U A

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي
رَبَّنَا وَتَقَبَّلْ دُعَاءَ - رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ
وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

— ♦ —

*O Lord! Make me one who establishes regular Prayer,
and also (raise such) among my offspring
O our Lord! and accept thou my Prayer
O Lord! cover (us) with Thy forgiveness - me, my parents and all
believers,
on they Day that the Reckoning will be established*

14

POSTURE 9

Salam



Instructions:

Now turn your face to the right saying

RIGHT SIDE

الَسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

Peace be on you and Allah's blessings.

Now turn your face to the left saying

LEFT SIDE

الَسَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

Peace be on you and Allah's blessings.