

### SPECIAL POINTS OF **INTEREST:**

- Know what's happening in Information Technology Department
- Technology • trends in and around the industries
- Talent Display of our IT Department students.

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# **Bits And Bytes**

FEBRUARY 2020

## **OUR VISION**

THE NEWSLETTER | ISSUE 5

"Impart high quality knowledge & skills to students in the field of Information Technology, motivate research, encourage industry consultancy projects & nurture human values and life skills."

## **INFORMATION TECHNOLOGY** STUDENTS ASSOCIATION (INTENSA)

2019-2020



We, the students of INTENSA are glad to present the fifth edition of our newsletter 'Bits And Bytes' of Information Technology Department.

## Information Technology Department



## **OUR VISION**

"Impart high quality knowledge & skills to students in the field of Information Technology, motivate research, encourage industry consultancy projects & nurture human values and life skills."

## **OUR MISSION**

"Impart knowledge and skill based training in Information Technology and allied fields."

"Promote research and industrial consultancy projects and establish a linkage with Industry and Alumni."

"Inculcate leadership qualities, human values, concern for environment and society."

"Nurture innovation, entrepreneurship and resource management skills."

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## Spotlight

## Can We Do It ? : Cancer Awareness Program held in GEC



On the 4<sup>th</sup> of February 2020, World Cancer Day, a Cancer Awareness Program was organised by INTENSA, the Faculty and Students of the IT Department.

The initiative was a grand success and all the faculty, staff and students of GEC contributed generously. The contribution from the program has aided cancer patients through the Indian Medical Association Fellowship. Dr. Manoj Prabhudessai, briefed the audience about the early detection of cancer.

A Digital Poster Making Competition was held to observe the world cancer day. The winner was Shreyas Ambe from TE, Mechanical Engineering Department. An Exhibition Football Match was held on the Infinity Ground, GEC. The match was between the Faculty of GEC and the Students of IT Department. The faculty team emerged victorious in the thrilling match. An enlightening Street Play was held at the parking lot, GEC by the students of IT Department on "Breast Cancer". The street play gathered a lot of praise from the spectators and was much appreciated for the message it conveyed.

# Gallery



In-pic: (Above) The donation amount being handed over to Dr. Manoj Prabhudessai, from Indian Medical Association-Goa, by Dr. Nilesh Fal Dessai, HOD of IT Department . (Below) Dr. Manoj Prabhudessai addressing the gathering about the early detection of cancer and it's prevention.





#### THE NEWSLETTER | ISSUE 5

# <image>

In-pic: The Digital Poster Making Competition themed 'Cancer Awareness' entries displayed. Shreyas Ambe from TE, Mechanical Department emerged as the winner.



In-pic: (Left) The FACULTY team emerged as the winners for the exhibition football match. (Right) The STUDENTS team of IT department were runners up.



In-pic: The Street play team



In-pic: The INTENSA Team

## Success without stress

A session on the topic "Success without Stress" by Dr. Prashant Kakode was conducted by INTENSA in association with Rotary Club, Ponda on 7th February 2020 in the IT Department Auditorium.

The speaker for the day, Dr. Prashant Kakode and his team, enlightened the audience on the topics ranging from science and consciousness to the holistic principles of life and health. The session was attended by our principal Dr. M. S. Krupashankara, our HOD Dr. Nilesh Fal dessai as well as the HODs of the other department, faculty members & the students of GEC.





In-pic: (Left) Dr. Prashant Kakode with our principal Dr. M. S. Krupashankara. (Above) The speaker addressing the gathering. (Below) INTENSA with the Team.



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## Mental Health Webinar



The team INTENSA in association with the Department of Mental Health & Behavioural Sciences, Fortis Healthcare conducted a webinar on "Mental Health" on 20th February, 2020 in the IT Auditorium. It was attended by the faculty members and the students of IT Department.

The webinar was headed by Ms. Tanvi Seth, counselling psychologist at Fortis Healthcare, who briefed the gathering about the day-to-day stress management and how to handle our professional and personal lifestyle with ease. There was an interactive Q&A session wherein students' and faculty members' queries were answered by the speaker.



# INTENSA Council 2019-2020

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