

‘Still Waiting’

A Rights Based Review of Mental Health Services and Support for Children and Young People

Launch Event



Thursday 27 September 2018 – St Mary’s University College

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Welcome

Peter Finn

Principal – St Mary’s University College

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Overview and Introduction

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Mairéad McCafferty
Chief Executive - NICCY

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NICCY Youth Panel Welcome

Mairéad Loughran-Ryan

NICCY Youth Panel Mental Health Advisory Group

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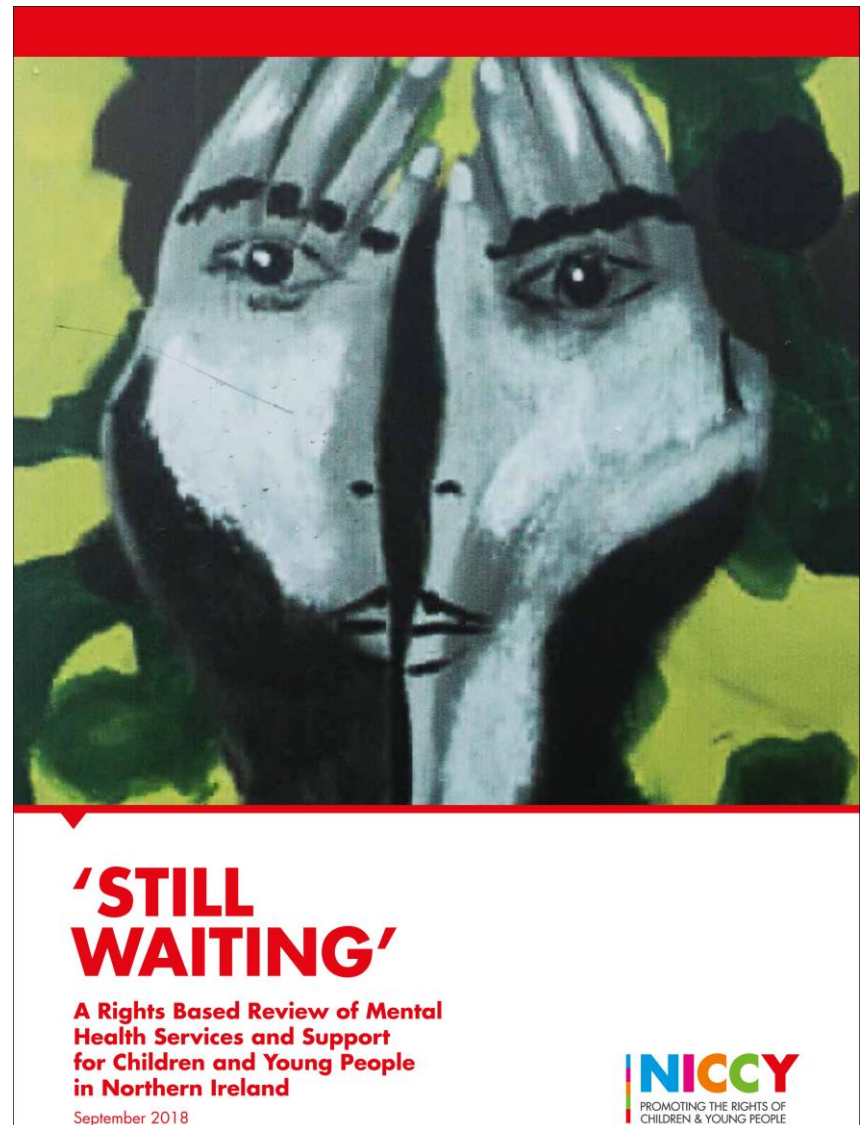
Young People Quotations 1

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Opening Address

Koulla Yiasouma

Northern Ireland Commissioner
for Children and Young People



**Northern Ireland Commissioner
for Children and Young People**

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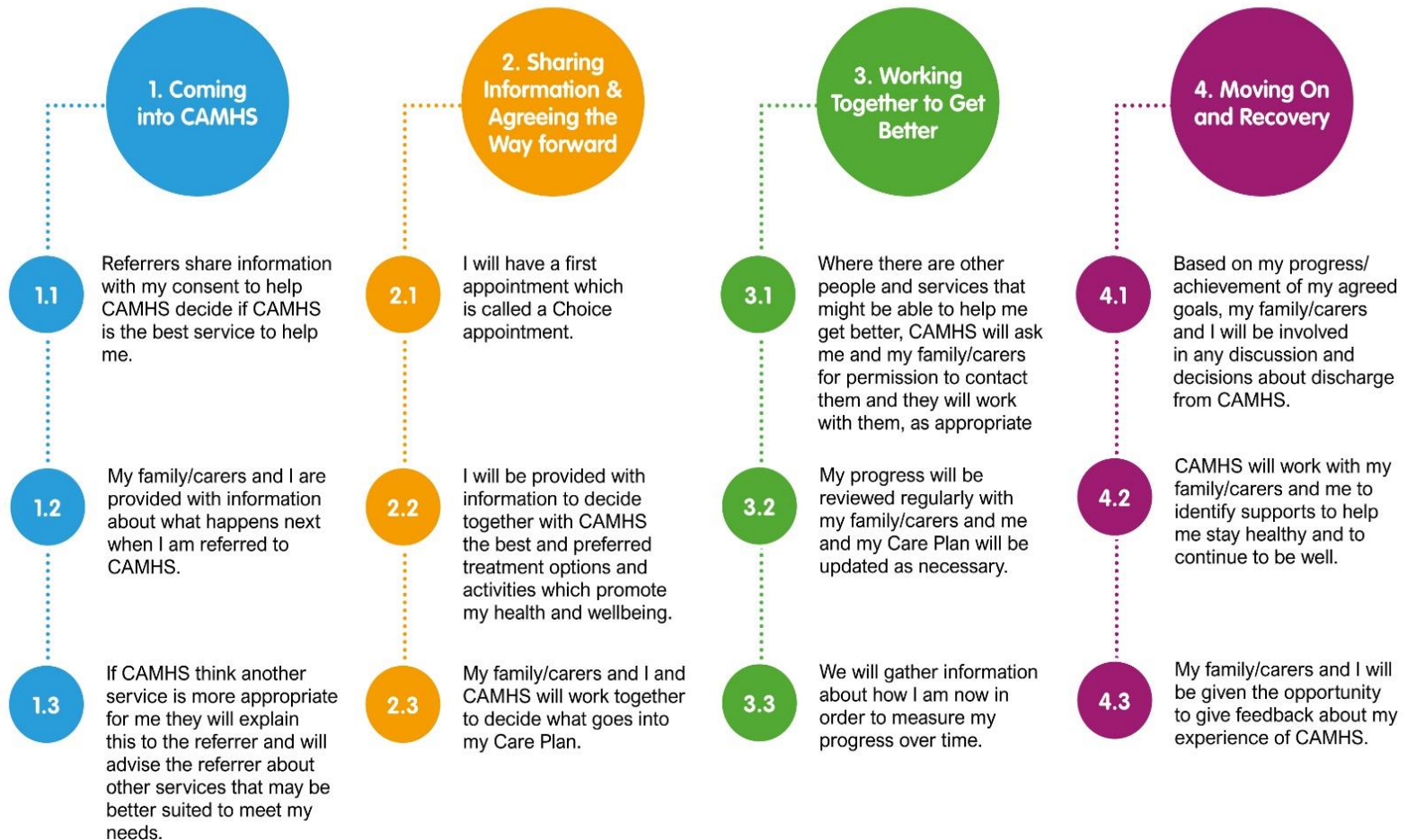
NICCY
PROMOTING THE RIGHTS OF
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Article 24 UNCRC

“States should adopt an approach based on public health and psychosocial support rather than over medicalization and institutionalization. A comprehensive multi-sectoral response is needed, through integrated systems of adolescent mental health care that involve parents, peers, the wider family and schools and the provision of support and assistance through trained staff” (UN 2016, Para 58).

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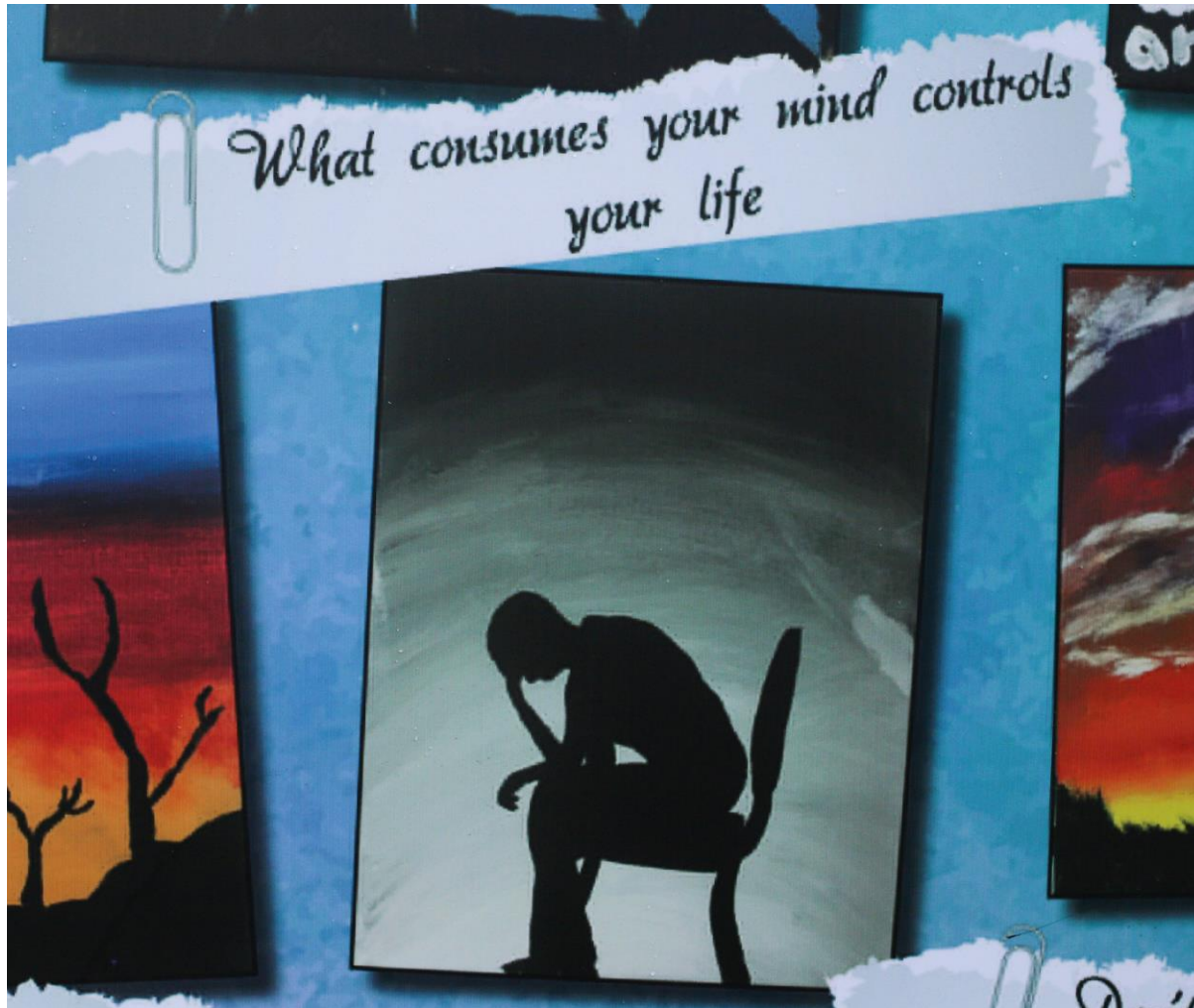
Source: Working Together: A Pathway for Children and Young People through CAMHS – HSCB, 2018:2.

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An effective service:

- Is professional;
- Is flexible;
- Considers space and place; and
- Is collaborative.

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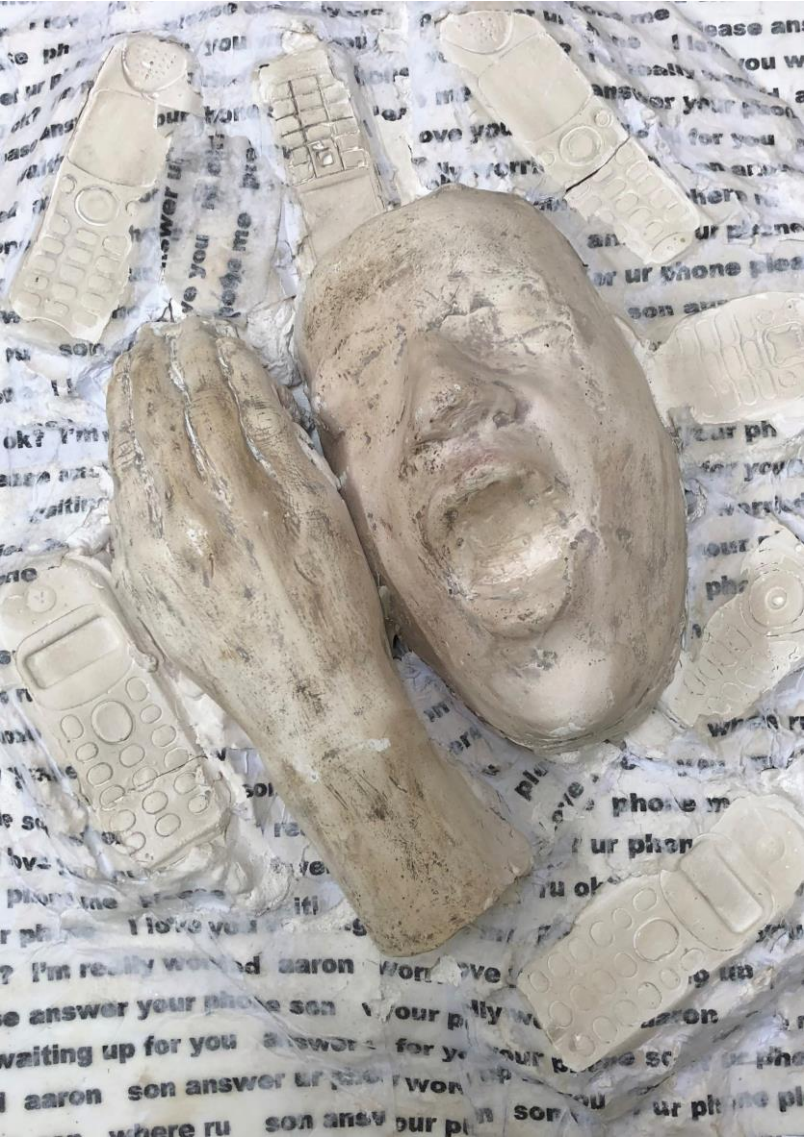
**Northern Ireland Commissioner
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Young People Quotations 2

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Response to the Report by DoH

Rodney Morton

Deputy Chief Nursing Officer - Department of Health

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Young People Quotations 3

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Response to the Report by HSBC

Marie Roulston

Director of Social Care and Children - HSBC

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Young People Quotations 4

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Response to the Report by the Education Authority

Dr Clare Mangan

Director of Children and Young People's Services - EA

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Young People Quotations 5

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Reflections from Royal College of GPs Northern Ireland

Dr Grainne Doran
Chair of the RCGPNI



Royal College of
General Practitioners

Child and Adolescent Mental Health Services: A GP Perspective

Dr Grainne Doran
Chair RCGPNI

A few statistics

- 75% of mental illnesses start before a child reaches their 18th birthday.
- 50% of mental health problems in adult life (excluding dementia) take root before the age.

MQ Mental Health Research 2016

Providing a service?

- In the UK there are estimated to be 850,000 children and young people (CYP) with mental health problems. At present, only 25% of them receive specialist intervention.
- 1 in 4 GP contacts are with children (36 per wk)
- 1 in 10 CYP are diagnosed with mental illness
- How many are we failing?

Current issues for General Practice

- Detecting the signs and symptoms of mental illness in young people is a challenge for GPs in the 10 minute appointment model.
- Increasing numbers of presentations in a service under strain.
- Confidence and experience of GP varies.
- Communication with referral agencies varies and depends on individual relationships in some areas.
- The criteria for acceptance or rejection of referral to step 2, 3 and 4 services is poorly understood and appears to vary by locality.
- Poor data – quantity and quality for service planning

Wish list

- A supportive inclusive umbrella service
- Access to timely advice and support
- One referral for assessment and care planning (Step 2 and onwards) or support at practice level for assessment of need.
- Continuing Education for GPs at every step of career progression

Joint Statement from Royal Colleges

August 2017

Royal College of General Practitioners

Royal College of Psychiatrists

Royal College of Paediatrics and Child Health

Everybody's Business

CYP mental health is everybody's business. This needs to be supported by a shared vision for CYP mental health across all government departments (especially Health, Education and Justice).

A preventative, multi-agency approach

Including attention to:

- Education for young people and families
- Addressing social determinants
- Health promotion
- Early intervention

Accountability

A system of national and local accountability for population-level CYP mental health and wellbeing, delivered via integrated local area systems.

Training and education

Training for the whole children's workforce in their role and responsibilities for CYP mental health.

Professional Support

More support, both from specialist services and other sectors, for professionals dealing with CYP who do not meet referral threshold to a CAMH service

Access

Ensuring that CYP who require specialist CAMHS have access to a responsive service

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Young People Quotations 6

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Reflections from the Voluntary and Community Sector

Dawn Shaw

NI Director of Action for Children and
National Lead for Mental Health

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Young People’s Reflections and Hopes for the Future

Rachel Keenan

NICCY Youth Panel Mental Health Advisory Group

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CCEA Mental Health Video Launch

**Northern Ireland Commissioner
for Children and Young People**

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CCEA Animation

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Young People’s Reflections and Hopes for the Future

Mairéad Loughran-Ryan

NICCY Youth Panel Mental Health Advisory Group

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Young People’s Reflections and Hopes for the Future

Rosie McDonald-Hill

NICCY Youth Panel Mental Health Advisory Group

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Young People's Reflections and Hopes for the Future

Kirstie Greer

NICCY Youth Panel

Mental Health Advisory Group

Mental Health Care

One size fits all doesn't work!
Individuals have individual needs.

www.mind.org.uk www.cqc.org.uk www.rethink.org

This poster has been created by Kirstie, 19, from Bangor, who knows what it is like to live with ASD as well as a mental health condition. It has been produced with the help of Fixers the campaign that gives young people a voice. Fixers is part-funded by the National Lottery through the Big Lottery Fund. Company 2194957. Charity 298643. © 2017.

fixers.org.uk/seetheperson

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Young People’s Reflections and Hopes for the Future

Caoilfhionn McKee-McElkerney

NICCY Youth Panel Mental Health Advisory Group

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Panel Q&A Session

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Closing Remarks



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Thank you for attending

You can out more about our work at:

www.niccy.org/StillWaiting

And follow us on:

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Instagram – niccy_yp