

HAWAII PAPAYA

Kids in Hawaii call it “bowl fruit” - fill it with just about anything- fresh fruit, yogurt, chicken salad, even your favorite ice cream!



Best Tasting Papaya in the World

Maybe it's our tropical climate, or our clean air and water, or maybe it's our rich volcanic soils – no matter the reason, Hawaii grows the best tasting papaya in the world.

Vitamin-Rich Superfood

Ranked one of the top five healthiest fruits, papayas are low in fat and a good source of fiber. They are an excellent source of Vitamins C and E and beta-carotene—three strong antioxidants. Papayas are also a great source of calcium, potassium and Vitamins A and B. On top of that, papayas are rich in enzymes that stimulate stomach secretions and aid digestion as they contain protein-digesting enzymes like papain and chymopapain.

Proud to Grow GMO Papayas

Long before GMO's became controversial, biotechnology was used to “inoculate” papaya trees against PRV, a plant virus that nearly destroyed the papaya industry in Hawaii. For two decades, consumers have enjoyed more than 260 million pounds of Rainbow Papaya safely and happily.



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