

EDMSL Footwear Guidelines for 3G Pitches (Stoneham Lane, Mountbatten School & Fleming Park)



Permitted Footwear

Moulded Boots

Recommended

Standard boots with moulded studs are ideal for a 3G surface



Standard Boots

Recommended

Standard boots with plastic/nylon screw-in studs are ideal for a 3G surface



Astro Trainers

Allowed

Astro Training Shoes designed for 3G surfaces are allowed



All teams are asked to help us enforce these guidelines. Please Note:

- Access to pitches is limited to Players, Managers/coaches, League and Match Officials only.
- There are viewing areas for supporters.
- Please use any available boot cleaning facilities

Forbidden Footwear

Metal Stud Boots

Forbidden

Metal studs are designed to give extra grip on hard surfaces. 3G surfaces do Not get hard and metal Studs can tear or damage the surface



Blade Boots

Forbidden

Whilst not damaging to the 3G surface, research h shows that blades have different grip Characteristics on 3G surfaces making players more prone to injury



Normal Shoes

Forbidden

Normal shoes Will flatten the 3G surface



Trainers

Forbidden

Standard Trainers or running shoes Will flatten the 3G surface

