



PARITY PLAY

“A fairer way to play”

The Concept

Parity Play (Power Play) is designed to bring balance to the game. It creates an opportunity to support a team that has a goal deficit and creates a challenge for the leading team. Ideally, Parity Play will prevent teams winning by large scores & focus on player development from both teams.

Do I have to use this rule?

Yes, however the managers/coaches can agree not to use the rule prior to kick off: both teams must agree not to use the rule (suggest you agree when communicating match details). The match official needs to be aware that Parity Play is to be used, or not during your game. Home team is responsible for communicating this to the match official.

What Age Group can use Parity Play?

All age groups from U7 to U18

How does it work?

When is Parity Play triggered? When there is a minimum of a 4 goal deficit.

What can you do?

The losing team can add an extra player (s) on to the pitch.

What happens if the score continues to increase?

If the score continues to increase, add an extra player for each additional 2 goals:

- i.e. 4 goal deficit will allow the losing team to add 1 extra player
- 6 goal deficit add 2 extra players
- 8 goal deficit add 3 extra players

What happens when the score begins to decrease?

If the score line decreases, remove a player from the pitch in line with goal deficit:

- i.e. 7 goal deficit will allow the losing team to play 2 extra players
- 5 goal deficit 1 extra player
- 3 goal deficit both teams to have the same number of players on the pitch

What happens when the losing team does not have any more players?

In this situation, the leading team can take the opportunity to create a suitable development challenge for their players. This may develop the players technical ability, skills, or tactical understanding of the game.

Please keep the development as realistic and game related as possible, having in mind the mind set of your opposition.

Possible options:

- Goalkeeper swaps position with outfield player
- Defenders play in attack
- Forwards play in defence
- Left footed players play on the right side of the pitch
- Right footed players play on the left side of the pitch



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Should a further goal be scored the leading team will be required to reduce players as shown below:

- i.e. 5 goal deficit the leading team will reduce by 1 player
- 6 goal deficit reduce by 1 more player (down by 2 players)
- 8 goal deficit reduce by 1 more player (down by 3 players)

IMPORTANT

Please keep a safe number of players relative to the size of the pitch. No more than 3 additional players.

CALL THE GAME

The manager of the losing team can call the game at any time once a 4 goal deficit has been reached; however we would like the Parity Play rules to be applied and if they are ineffectual to the competitiveness of the game; then the losing team manager can call the game.

Once the game is called, this is the result for Full Time (subject to result guidelines pertaining to goal deficit)

For the remaining time have a fun game of football:

- i.e. Mix the teams up to play equal strength sides
- Have a friendly, just focus on development needs of the players and team

Do not call the game and then walk away, this is a breach of the respect and fair play rules. Play football and enjoy the remainder of your games.

We want all girls to leave with a smile on their face