



QUICK REFERENCE

PRODUCT ATTRIBUTES



	 PROTEIN per 100g	 PROTEIN per serving	 COMPLETE PROTEIN	 GLUTEN-FREE*	 SEED OIL FREE	 CAGE-FREE EGGS	 GMO FREE
HANDCRAFTED PRETZELS							
5995 All-Beef Hot Dog	10 grams	18 grams (per 6.2 oz)	✓	×	✓	×	×
5994 Jalapeno with Cheddar	8 grams	12 grams (per 5.4 oz)	✓	×	×	×	×
5911 Pizza	11 grams	16 grams (per 5.1 oz)	✓	×	✓	×	×
5912 Sausage Cheddar	11 grams	19 grams (per 6.2 oz)	✓	×	✓	×	×
5913 Spinach Feta	9 grams	12 grams (per 5.0 oz)	✓	×	×	×	×
MANIFESTO® QUICHE							
3001 Broccoli Cheddar	7 grams	13 grams (per 6.7 oz)	✓	×	✓	✓	✓
3619 Mediterranean	6 grams	10 grams (per 6.4 oz)	✓	×	✓	✓	✓
3003 Spinach Artichoke	6 grams	11 grams (per 6.2 oz)	✓	×	✓	✓	✓
3761 High Protein Cheesy	14 grams	24 grams (per 6.1 oz)	✓	✓	✓	✓	✓
MANIFESTO® SAVORY XANGOS®							
7902 Mediterranean	8 grams	12 grams (per 5.1 oz)	✓	×	✓	✓	✓
7901 Roasted Tomato Feta	7 grams	11 grams (per 5.2 oz)	✓	×	✓	✓	✓
7900 Southwest Salsa Verde	6 grams	9 grams (per 4.9 oz)	✓	×	×	✓	✓
CROISSANTS							
6510 Classic Butter (Pre-Proofed)	6 grams (per 3.5 oz or 99g)		×	×	✓	×	✓
6509 Multigrain (Pre-Proofed)	7 grams (per 3.5 oz or 99g)		×	×	✓	×	✓

*Made with ingredients that do not contain gluten