



CHIA SCOOPABLES[®] SMOOTHIE

Ingredients

Scoopable™ Chia Pudding

Coconut/Almond Milk

Berries

Protein powder

Directions

step 1

2 oz scoopable chia pudding
2 oz coconut/almond milk
Toss of your favorite berries
1 tbsp protein powder
Blend until desired texture