

# April 16 - April 22

## Estates & Homes

Based On Information Known At Time Of Print

Sunday 16	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22
<p><b>OPEN SWIM (POOL)</b> 9:30Chapel Service - Pastor Josh Holwerda, CRC (CH) 6:15Chapel Service - Mary Vanden Berg, Calvin Professor - Calvin Seminary Sunday - Followed by Raybrook Singing Men (CH)</p>	<p><b>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</b> 8:30Men's Social Hour - Temporary Location Change (GP) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 1:30First Wok Late Lunch Restaurant Outing - SUR (OFFS) 2:00Exercise w/the GR Ballet (FR) 3:00Coffee Time (LA) 3:00Open Gym (BWC) 3:00EI/EIII Bible Study w/Chaplain Josh Baron (CR) 6:30Pool League (RBB) 7:00Movie Night (FR)</p>	<p><b>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:00EI Bible Study - Keith Meyering (LDR) 10:15Balance and Core Stability (BWC) 10:45Music At Mid Day - Grand Rapids Christian High School Chamber Chorale - Two Van's Running - Please confirm what van you're in and where your pick up is! (TRAN) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 2:00REAL: 10 Greatest Baseball Players - Virtual One Day University (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 6:30Foundation Brass Band (CH) 7:00Game Night (CR)</p>	<p><b>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</b> 9:00Meijer Shopping-EI PU: 9am, EI PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Detroit Tiger's Watch Party! (FR) 2:00Open Swim - CANCELLED TODAY (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP) 7:00Hymn Sing Along (GP)</p>	<p><b>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL)</b> 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 9:30EI/Homes Donuts with Development (LA) 9:30Frederick Meijer Garden (FMG) &amp; Lunch @ the Cafe - SIGN UP REQUIRED - EI Lobby PU @9:15am, EI Lobby PU @9:20am - No Cost for FMG, Pay On Your Own Lunch (OFFS) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 11:00Chronic Pain Support Group - CHANGE OF LOCATION (LA) 1:15First Step (BWC) 3:00Coffee Time (LA)</p>	<p><b>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL)</b> 9:00Aldi's Friday Shopping - Lobby PU, EI/9am &amp; EI/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00Coffee Time (CR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p><b>OPEN SWIM (POOL)</b> 10:00Coffee Time (LA) 7:00Movie Night (GP)</p>
<div style="border: 1px solid black; padding: 5px; background-color: #e0f0ff;"> <p><b>LOCATION LEGEND</b></p> <p>SUR-Sign Up Required \$\$-Cost Involved</p> <p>BWC-Buiten Wellness Center CH-Chapel CR-EI Club Room CS-EII Coffee Shop E2P-EII Patio GR-Game Room GP-Gathering Place SDR-Small Dining Room LDR-Large Dining Room LA-EII Lounge FR-Friendship Room OFFS-Offsite POOL-Pool RB-Ray's Bistro RBB-Ray's Bistro Billiards RBC-Ray's Bistro Conf Room RMP-Manor Parking Lot TRAN-Transportation</p> </div>						<div style="border: 1px solid black; padding: 5px; background-color: #e0f0ff;"> <p><b>CONTACTS</b></p> <p>ESTATES &amp; HMS OFFICE 616-235-5006 M-F, 8:00am-4:30pm</p> <p>-----</p> <p>HEALTH CENTER</p> <p>EI: 616-235-5721 8:30am-12:00pm</p> <p>EII: 616-235-5675 1:00pm-4:30pm</p> <p>EMERG RESPONSE 5:00pm-8:00am</p> <p>-----</p> <p>VAN'S MARKET M,W &amp; F - 10:30am-1:00pm</p> <p>FACILITY SERVICES 616-235-2787</p> <p>ESTATES SALON 616-235-5701</p> <p>VOLUNTEER SERVICES 616-235-5717</p> <p>NOTARY SERVICES Office, By Appointment</p> </div>

# April 23 - April 29

## Estates & Homes

Based On Information Known At Time Of Print

Sunday 23	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29
<p>OPEN SWIM (POOL) 9:30Chapel Service - Thea Leunk, CRC (CH) 6:15Chapel Service - Rev. Gerrit Koedoot, CRC, Followed by the Raybrook Singing Men (CH)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 8:30Men's Social Hour - Temporary Location Change (GP) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 1:00Raybrook Purls Knitting/Crocheting (LA) 2:00Exercise w/the GR Ballet (FR) 3:00Open Gym (BWC) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Movie Night (FR)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00EII Bible Study - Keith Meyering (LDR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:15First Step (BWC) 1:30Follow Up REAL (1:30-1:45pm): Heritage Hill &amp; Frank Lloyd Wright with Caroline Cook (IMAGES ONLY from February Presentation) (FR) 2:00REAL: Medical Milestones: Grand Rapids, Michigan led by Caroline Cook (FR) 3:00Coffee Time (LA) 6:30Pool League (RBB) 7:00Game Night (CR) 7:00Book Club - Contact Pat Guikema w/questions at 616-455-5308 (GP)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 9:00Meijer Shopping-EI PU: 9am, EII PU:9:05am-SUR (TRAN) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00REAL: The Joys &amp; Sorrows of an Organ Donor Parent led by Resident Mary McNeil &amp; Alison Gillum of Gift for Life Michigan (FR) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 2:00Open Swim (POOL) 3:00Coffee Time (LA) 3:30Open Gym (BWC) 6:30Pool League (RBB) 7:00Game Night (Except the 3rd Wed Each Month) (GP)</p>	<p>OPEN SWIM: 5:30am-10:45am, 11:45am-10pm (POOL) 8:15Stretch and Flex (GP) 8:30Building &amp; Grounds Meeting - CHANGE OF LOCATION (CR) 9:30Coffee Connections (LA) 9:30Balance and Core Stability (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:00REAL: Board Coffee with HH Executive Team (FR) 10:15Balance and Core Stability (BWC) 11:00Water Aerobics (POOL) 1:00Caregiver's Support Group (CR) 1:15First Step (BWC) 3:00Coffee Time (LA) 6:30Heritage Church Men &amp; Children's Choir (CH)</p>	<p>OPEN SWIM: 5:30am-10:00am, 11:00am-10:00pm (POOL) 9:00Trader Joe's Friday Shopping - Lobby PU, EI/9am &amp; EII/9:05am (EL) 9:15Cardio Express (BWC) 9:30Coffee Connections (LA) 9:45Strength Training (BWC) 10:00Coffee Time (CR) 10:00RAY'S BISTRO - 10:00am - 1:30pm (RB) 10:15Water Walking (POOL) 10:30Van's Market (MKT) 11:00Cardio Express (BWC) 11:30Strength Training (BWC) 3:00Coffee Time (LA) 7:00Game Night (1st Friday ONLY begins with BINGO) (CR)</p>	<p>OPEN SWIM (POOL) 10:00Coffee Time (LA) 7:00Movie Night (GP)</p> <div style="background-color: #f4a460; padding: 10px; text-align: center; border-radius: 10px;"> <p><b>SAVE THE DATE!</b></p> </div> <p>MAY 3 &amp; 4 TULIP TIME OUTING Sign Up Begins April 19</p> <p>MAY 8 SMOKEY BONES RESTAURANT Sign Up Begins April 24</p> <p>MAY 15 - MAY 19 LONG TERM CARE WEEK Watch For Special Calendar</p>