



FORUM 2020

Focused Overviews Reviews & Updates in Medicine

Attracts CME
credit hours
from Tamilnadu
Medical Council

FORUM 2020
invites
Paper & Poster
Presentations

EMERGENCIES NEWBORN TO 90s



FORUM 2020

SCIENTIFIC PROGRAM

Date : **FEBRUARY 29, 2020**

Venue : **HOTEL SAVERA**

146, Dr Radha Krishnan Salai,
Mylapore,
Chennai - 600 004.

WORKSHOPS

Date : **MARCH 1, 2020**

Venue : **SUNDARAM MEDICAL FOUNDATION**

OP Block, Karuna Conclave,
Door No.42-46, AD Block,
Shanthi Colony, Anna Nagar, Chennai - 600040.

Organised by

SMF Academy of CME

SUNDARAM MEDICAL FOUNDATION

Dr Rangarajan Memorial Hospital

FORUM 2020

Sundaram Medical Foundation takes great pleasure in inviting you to attend FORUM 2020. FORUM is an annual conference which holds the unique distinction of being conducted regularly for the past 21 years, catering to primary care providers, practicing physicians and post graduates.

SMF places academic pursuits on par with clinical activities as we realize that excellence in patient care will only come from continuous update of the understanding of diseases, newer diagnostic and therapeutic options. A committed physician has to provide quality care in an atmosphere of economic limitations, complex psychosocial issues, and an increasing awareness about health and related issues among the public. The scientific content in FORUM is designed to meet these requirements of the busy clinician.

The theme of this year's FORUM is **"Emergencies – Newborn to 90s"** and the organizing team of FORUM 2020 has put together a one day scientific program and a one day workshop, with carefully chosen topics of relevance and importance to be delivered by experts in a concise yet complete manner. The sessions will be largely case scenario based which will enable applied learning.

About SMF

Sundaram Medical Foundation (SMF) was established in 1994 with the primary objective of

providing quality medical care at an affordable cost to middle and lower income groups in the community. Within a short span of twenty five years, under the vision and guiding hand of Dr.S.Rangarajan, Founder and Managing Trustee, the hospital has risen to a pre-eminent position in the health care scene, locally and nationally. It has set a standard and provided an effective and cost conscious model of health care delivery tailored to the needs and limitations of urban India.

The SMF Advantage

A non-profit trust set up by the Sundaram Finance Group of Companies, SMF is not burdened by high debt servicing costs or debt repayment obligations. Economics in project design and implementation, scrupulous scrutiny of all medical equipment purchases for appropriateness and a carefully tailored group of in-house quality assurance programs, have resulted in cost saving that has been passed on to the community.

Academic activities at SMF

SMF is accredited to the National Board of Examinations for training post graduates in ten specialties. All the programs are much sought after, due to the reputation that the institution has in the field of medical education.

FORUM 2020

February 29, 2020



TIME	PROGRAM
08.15 am	Registration
08.50 am	Welcome
SESSION I	BARRIER BREACH
09.00 am - 09.15 am	Fever with rash in the adult Dr. D.Suresh Kumar , Apollo Hospitals & SMF, Chennai
09.15 am - 09.30 am	Dermatological emergencies Dr. K.N.Sarveswari , SMF, Chennai
09.30 am - 09.45 am	Soft tissue infections Dr. Sandeep Murali , Seethapathi Clinic & Hospital, Chennai
09.45 am - 10.00 am	Anaphylaxis Dr. Waseem Ahmed , SMF, Chennai
10.00 am - 10.10 am	Audience interaction
10.10 am - 10.25 am	TEA
SESSION II	STEMMING THE FLOW
10.25 am - 10.40 am	Epistaxis Dr. V.Sumathi , SMF, Chennai
10.40 am - 10.55 am	Hemoptysis Dr. A.Suresh , SMF, Chennai
10.55 am - 11.10 am	Primary intracerebral hemorrhage Dr. V.Chandramouleeswaran , MMC, Chennai
11.10 am - 11.25 am	Acute anorectal bleeding Dr. Alfred Arulraj Solomon , SMF, Chennai
11.25 am - 11.35 am	Audience interaction
SESSION III	A SICK CHILD WITH FEVER AND RASH
11.35 am - 12.20 pm	Panel Discussion
	Moderator : Dr. S.Thangavelu , Mehta Children's Hospital, Chennai
	Panelists : Dr. Kuruvilla Thomas , SMF, Chennai Dr. Gnanapandithan , SMF, Chennai Dr. T.Vaidehi , SMF, Chennai Dr. D.Suresh Kumar , SMF & Apollo Hospitals, Chennai
12.20 pm - 12.30 pm	Audience interaction

GUEST LECTURE

12.30 pm - 01.15 pm	The Golden Hour in Stroke Dr. Prabash , Apollo Hospitals, Vanagaram, Chennai
01.15 pm - 02.00 pm	LUNCH
SESSION IV	HYPERTENSIVE AND HYPERGLYCEMIC EMERGENCIES
02.00 pm - 02.45 pm	Moderator: Dr. T.Girija , SMF, Chennai Panelists : Dr. Shriraam Mahadevan , SMF & SRMC, Chennai Dr. S.R.Ramkumar , SMF & MMM, Chennai Dr. S.Suresh , VS Hospitals & Frontier Lifeline, Chennai
02.45 pm - 02.55 pm	Audience interaction
SESSION V	EXPRESS APPROACHES
02.55 pm - 03.10 pm	Acute abdomen Dr. R.Parivalavan , SMF, Chennai
03.10 pm - 03.25 pm	Chest pain with normal ECG Dr. S.Mahendran , SIMS, Chennai
03.25 pm - 03.40 pm	Heat stroke Dr. Dedeepiya , Apollo Cancer Institute, Chennai
03.40 pm - 03.55 pm	Seizures Dr. V.Shankar , SRMC & SMF, Chennai
03.55 pm - 04.05 pm	Audience interaction
SESSION VI	PEDIATRIC POTPOURRI
04.05 pm - 04.20 pm	Child with the silent chest Dr. Sneha Varkki , CMC Vellore
04.20 pm - 04.35 pm	Pediatric head trauma Dr. N.Mahesh , SMF, Chennai
04.35 pm - 04.50 pm	Pain in pediatric surgical emergencies Dr. L.Rajiv Padankatti , SMF, Chennai
04.50 pm - 05.05 pm	Lethargic neonate Dr. Swathi Padankatti , SMF, Chennai
05.05 pm - 05.15 pm	Audience interaction
05.15 pm - 05.30 pm	Valedictory function



FORUM 2020

REGISTRATION FORM – CONFERENCE

Name :	
Qualification: Mark as applicable	<input type="radio"/> Post graduate <input type="radio"/> Physician
Mailing Address :	
Phone/Mobile No. :	
Email:	

Post Graduates	Rs. 750/-
Practicing Physician	Rs. 1000/-
Spot Registration	Rs. 1500/-

Bank Details : **Sundaram Medical Foundation**
Ac no. 50200021389246, IFSC. HDFC0000017, Bank. HDFC, Branch. Annanagar

DD/Cheque to be drawn in favor of “Sundaram Medical Foundation”

Cheque / DD / NEFT/RTGS No: for Rs.:

Bank : Date:

Venue:
HOTEL SAVERA
146, Dr Radha Krishnan Salai,
Mylapore,
Chennai – 600 004
Ph: 044-26144218, 044-26144100,
9941048844, 9840467364 – Ms. Sandhya

Mailing Address:
The Organising Secretary - FORUM 2020
Sundaram Medical Foundation
Dr. Rangarajan Memorial Hospital
9-C, 4th Avenue, Shanthi Colony, Anna Nagar, Chennai 600 040
♦ Phone: 044-26144100 ♦ Mobile : 9941048844
♦ Email: forum2020smf@gmail.com





FORUM 2020 invites scientific papers for oral and poster presentations on the theme “Emergencies – Newborn to 90s”.

GUIDELINES FOR SCIENTIFIC PAPER PRESENTATIONS

1. All participants should register for FORUM 2020.
2. All postgraduate students should enclose a bonafide certificate from their HOD.
3. Abstracts shall not be more than 250 words formatted in MS word, Times New Roman style and a font size 12, in both powerpoint 2007 & 2010 format. It should reach the scientific committee on or before 15/2/2020.
4. The maximum time for each paper presentation per candidate is 6 minutes.
5. The scientific abstract should be submitted online only to forum2020smf@gmail.com.
6. A delegate can present only one paper. Poster presentation can be additional.
7. Material for projection should be handed over at the conference venue on 29/2/2020.
8. The presentations will be done on 29/2/2020. The time will be intimated later.
9. Only LCD projection is available, personal laptops will not be permitted.
10. Two minutes will be allotted after each presentation for discussion and to field questions from the moderator and audience.

GUIDELINE FOR POSTER PRESENTATION

1. The size of the poster should be 4 feet height by 3 feet width.
2. Font should be large and readable from a distance of 3 meters.
3. The poster should be printed on poster or flex.
4. Name and photograph of the presenter should be on the right upper corner of the poster.
5. If a post graduate is making the presentation the name of the teacher and the institution should not be mentioned on the poster.
6. Schedule of oral presentations, according to the numbers assigned shall be informed at the registration counter at the venue.
7. Each poster shall be presented before and critiqued by a jury on 29/2/2020.

Prizes:

- Prizes will be awarded for the best presentation in each category

WORKSHOP ON 1/3/2020

EMERGENCIES - NEWBORN TO 90s

Registration : **8.30am**
Maximum No. of participants : **40 in each workshop**
Time : **9.00am – 1.30pm**

Lunch will be served after the workshop

WORKSHOP 1

Sports Injuries for the Family Practitioner

(Leads: **Dr. P.V.Jayasankar and Dr. Sudhakar Williams**)

Will include:

- Sports injuries – upper & lower limbs
- Prevention of sports injuries
- Braces and splints

WORKSHOP 2

Neonatal and Pediatric Emergencies

(Leads: **Dr. Swathi Padankatti and Dr. Gnanapandithan**)

Will include:

- Neonatal and pediatric resuscitation
- Algorithmic approach to neonatal emergencies
- Management of pediatric shock and respiratory emergencies
- Demonstration of oxygen and CPAP therapy, intraosseous lines and airway management

WORKSHOP 3

Adult Emergencies

(Leads: **Dr. Manickavasagan, Dr. Prabhu, Dr. Balaji Selvaraj and Dr. Waseem Ahmed**)

Will include:

- BLS and arrhythmias
- Airway management
- Oxygen therapy and Non Invasive Ventilation
- Ultrasound in emergencies

**A DELEGATE MAY REGISTER FOR ONE WORKSHOP ONLY
REGISTRATION FOR THE CONFERENCE IS NOT MANDATORY FOR ATTENDING THE WORKSHOP**



FORUM 2020

REGISTRATION FORM – WORKSHOP

Name :	
Qualification: Mark as applicable	<input type="radio"/> Post graduate <input type="radio"/> Physician
Mailing Address :	
Phone/Mobile No. :	
Email:	

Post Graduates	Rs. 500/-
Practicing Physician	Rs. 750/-

Bank Details : **Sundaram Medical Foundation**
Ac no. 50200021389246, IFSC. HDFC0000017, Bank. HDFC, Branch. Annanagar

DD/Cheque to be drawn in favor of “Sundaram Medical Foundation”

Cheque / DD / NEFT/RTGS No: for Rs.:

Bank : Date:

As the number of seats is limited, please register by 25/2/2020
Registration will be on “first come first serve” basis.

Venue:

Sundaram Medical Foundation – OP Block

Karuna Conclave,
Door No.42-46, AD Block, Shanthi Colony,
Anna Nagar, Chennai – 600 040.
Ph: 044-26144218, 044-26144100,
9941048844, 9840467364 – Ms. Sandhya

Mailing Address:

The Organising Secretary - FORUM 2020

Sundaram Medical Foundation

Dr. Rangarajan Memorial Hospital
9-C, 4th Avenue, Shanthi Colony, Anna Nagar, Chennai 600 040
♦ Phone: 044-26144100 ♦ Mobile : 9941048844
♦ Email: forum2020smf@gmail.com





FORUM 2020

Focused Overviews Reviews & Updates in Medicine

PATRONS

- Mr. R. Ramanujam (Chairman & Managing Trustee)
- Dr. VijayabharathiRangarajan (Trustee & Director Community Services)
- Dr. Arjun Rajagopalan (Trustee & Advisor)
- Mr. S. Ravindran (Trustee in Charge)
- Mr. T.N.P. Durai (Trustee & Director Administration)

CONVENOR

- Dr. P.V.Jayasankar (Trustee & Medical Director)

CO-CONVENORS

- Dr.Kuruvilla Thomas (Deputy Medical Director)
- Dr. T.Girija
- Dr. M.Satyajit

ORGANIZING TEAM

- Dr. T.Girija
- Dr. Alfred Arulraj Solomon
- Dr. V.Sumathi
- Dr. G.Sivagamasundari

COMMUNICATION

Ms. R.Sandhya – FORUM Secretary
Phone: 044 (26144218), 9840467364
Email: forum2020smf@gmail.com

**New OP Block
will function
from mid
March 2020**



SUNDARAM MEDICAL FOUNDATION

Dr. Rangarajan Memorial Hospital

NEW OP BLOCK:	MAIN BLOCK:
PLOT NO. SP 75, KAMBAR SALAI, MUGAPPAIR WEST (NEAR WAVIN SIGNAL) AMBATTUR INDUSTRIAL ESTATE, CHENNAI - 600 058 044-26144100 9941007667/68/69/72/73/74	9-C, 4 th Avenue, Shanthi Colony, Anna Nagar, Chennai 600 040 Phone : 044 - 2614 4100, 9941048844

- ❖ Fax : 044 - 2628 4257
- ❖ www.smfhospital.org
- ❖ Email : forum2020smf@gmail.com